Innovative qPCR using interfacial effects to enable low threshold cycle detection and inhibition relief

Dustin K. Harshman,1 Brianna M. Rao,2 Jean E. McLain,3 George S. Watts,4 Jeong-Yeol Yoon1,2,5*

Molecular diagnostics offers quick access to information but fails to operate at a speed required for clinical decision-making. Our novel methodology, droplet-on-thermocouple silhouette real-time polymerase chain reaction (DOTS qPCR), uses interfacial effects for droplet actuation, inhibition relief, and amplification sensing. DOTS qPCR has sample-to-answer times as short as 3 min 30 s. In infective endocarditis diagnosis, DOTS qPCR demonstrates reproducibility, differentiation of antibiotic susceptibility, subpicogram limit of detection, and thermocycling speeds of up to 28 s/cycle in the presence of tissue contaminants. Langmuir and Gibbs adsorption isotherms are used to describe the decreasing interfacial tension upon amplification. Moreover, a log-linear relationship with low threshold cycles is presented for real-time quantification by imaging the droplet-on-thermocouple silhouette with a smartphone. DOTS qPCR resolves several limitations of commercially available real-time PCR systems, which rely on fluorescence detection, have substantially higher threshold cycles, and require expensive optical components and extensive sample preparation. Due to the advantages of low threshold cycle detection, we anticipate extending this technology to biological research applications such as single cell, single nucleus, and single DNA molecule analyses. Our work is the first demonstrated use of interfacial effects for sensing reaction progress, and it will enable point-of-care molecular diagnosis of infections.

INTRODUCTION

Two years after the U.S. Food and Drug Administration (FDA) approved methicillin, methicillin-resistant *Staphylococcus aureus* (MRSA) emerged (1). This rapid emergence demonstrates the speed of bacterial evolution in response to selective pressures. Vancomycin is the standard of care and last resort for treating MRSA (2–4), but vancomycin-resistant enterococci (VRE) have also appeared in the clinic (5). VRE contain a 10.8-kb transposon, Tn1546 (2, 6), which carries the ligase-encoding gene *vanA* (7). Tn1546 has transconjugated from enterococci to MRSA on at least 12 independent clinical occasions (3, 8–10), resulting in vancomycin-resistant *S. aureus* (VRSA) (11). Because of its low incidence, VRSA is currently designated as a “concerning threat” by the U.S. Centers for Disease Control and Prevention (CDC) (12). Currently, streptococci, enterococci, and *S. aureus* are the three most common causative agents of infective endocarditis (IE) (13). VRE and MRSA coexist in clinics (14), especially in severe IE cases (15), and more than one-fourth of MRSA isolates from IE cases show tolerance to vancomycin (16). Despite medical advancements, this microbial ecology impedes disease management and results in increased levels of morbidity and mortality (17). The rapid emergence of vancomycin-resistant bacteria undermines our ability to treat serious infections and highlights the urgent need for technological innovation to allow widespread surveillance of antibiotic resistance dissemination.

Traditional methods of IE diagnosis include transesophageal echocardiography and culture of blood heart valve tissues (17). Rapid diagnosis of IE followed by immediate and directed therapy represents the best standard of clinical care (18). Therefore, there has been great interest in molecular diagnostics, including gene-specific polymerase chain reaction (PCR) and 16S ribosomal RNA (rRNA) hypervariable region PCR (19). Although these approaches have been shown to substantially improve diagnostic outcomes (15, 20–23), empiric antibiotic therapy has to be initiated while the test results are awaited (24). Empiric therapy is guided by practical experience and is administered before a definitive diagnosis has been made. However, empiric therapy can complicate disease management by diminishing the protective flora and selecting for resistance (25). To alleviate the need for empiric therapy, new technologies are being developed to decrease the time required for diagnosis. For example, the Roche LightCycler can detect 25 clinically important pathogens from whole blood within 6 hours (26), the Cepheid GeneXpert can quickly detect *S. aureus* genomic DNA from whole blood (27), and the Accelerate ID/AST system can identify causative pathogens and determine susceptibility phenotypes within 4 hours (28). IE presents a unique opportunity for the implementation of rapid molecular diagnostics because the vegetations have highly concentrated, slow-growing bacterial populations compared with bacteremia (17). However, the presence of PCR inhibitors in biopsy samples, obtained through valve excision or by endoscopic biopsy, presents challenges to PCR-based tests.

In the clinical setting, a physician’s decision-making window is generally less than 10 min, which often leads to empiric rather than targeted therapy. Therefore, a specific challenge within this context is matching the sample-to-answer time with the decision-making time. As participants in this race against bacterial evolution, we have developed a droplet-based real-time PCR device. Our novel method relies on interfacial effects for droplet actuation, PCR inhibitor compartmentalization, and amplification sensing. Droplet actuation for conducting PCR has been previously achieved by using electrowetting-on-dielectric (EWOD) principles (29) and by using lab-on-a-chip platforms with droplets flowing in microchannels (30). Another similar technique has used
a nanostructured surface to minimize surface fouling and enable repeated droplet manipulations (31). Although the fluid dynamics required for droplet actuation in automated rapid assays have been extensively studied, sensing modalities have been limited to fluorescence, colorimetry, surface plasmon resonance, and electrochemistry. In our approach, repeated droplet manipulations are achieved without surface fouling, and sensitive detection at early PCR thermal cycles is made possible by a novel sensing modality based on interfacial effects.

Here, we demonstrate the ability of our methodology, droplet-on-thermocouple silhouette real-time PCR (DOTS qPCR), to provide the following important features: (i) thermocycling times that are as fast as 28 s/cycle; (ii) elimination of evaporation by silicone oil immersion of the reaction droplet; (iii) stabilization of the droplet-on-thermocouple (DOT) by interfacial tension; (iv) compartmentalization of contaminating proteins at the oil-water interface, thereby relieving their inhibitory effects on PCR (inhibition relief); (v) subpicogram limit of detection; and (vi) detection of amplification in 3 min 30 s. In DOTS qPCR, amplification is detected by measuring the decrease in droplet volume caused by the changing interfacial composition. This innovative qPCR detection method enables detection as early as the fourth thermal cycle, which is unachievable by the measurement of fluorescence, on which qPCR has relied for decades. The performance of our method is demonstrated here using the 16S rRNA gene V3 hypervariable region and the \textit{vanA} gene for amplification. Most importantly, DOTS qPCR has a sample-to-answer time that is within the physician’s decision-making window, allowing for informed decision-making.

RESULTS

The DOTS qPCR device

We designed the DOTS qPCR device (Fig. 1, A and B) to be readily deployed as a point-of-care diagnostic tool and to epitomize simplicity, small form factor, mobile integration, and disposability. The DOT (Fig. 1C) is submerged in a heated oil environment and is positioned by a motor (Fig. 1, D to F, and movies S1 to S4). The oil is contained within a semicircular channel with two heaters, located at 0° and 180°, which maintain the two temperature extremes (45° to 50°C and 100° to 105°C). A heat gradient is established along the channel with temperatures between the two extremes being represented (Fig. 2A). From room temperature (25°C), the steady state of the heat gradient is established within 10 min of commencing temperature ramping using proportional-integral-derivative (PID) control of the heater power (Fig. 2B). At the midpoint of the channel, a viewing window allows macroscopic imaging of the droplet by a smartphone camera with an attached lens. The oil temperature at this window is 70°C. The internal temperature of the droplet is continuously monitored by a thermocouple, which is bent such that the thermocouple junction is positioned inside

![Fig. 1. The DOTS qPCR device.](http://advances.sciencemag.org/)

(A) The DOTS qPCR device showing all components: semicircular channel with PID-controlled heaters positioned at both ends, feedback thermocouples mounted 5 mm above the heater surface, motor arm with looped thermocouple mounted for droplet suspension in heated oil, viewing window at the center of the channel, and lens tube to focus and magnify the droplet image onto the smartphone camera. All components are disposable after one use except for the motor, lens tube, and smartphone. (B) Alternate view showing the DOT moving to the low-temperature side of the heat gradient. (C) Two thermocouples mounted on the motor arm. The straight thermocouple is used for oil temperature measurement, and the looped thermocouple holds the droplet and measures the droplet temperature. (D and E) Still images of the submerged droplet moving back and forth continuously at the low-temperature region. The thermocouple junction is inside the droplet to monitor the reaction temperature. Droplet temperature feedback is used by the motor program to accurately position the droplet in the heat gradient. The still images are screen captures from the supplementary video showing device operation (movie S3). (F) Still image of the droplet moving away from the low-temperature region after completing annealing, to be positioned at a warmer region corresponding to the optimum temperature for Taq polymerase extension of the PCR amplicon.
the droplet (Fig. 1C). The position of the droplet within the heat gradient is accurately controlled using real-time feedback of its internal temperature.

Nonspecific amplification is avoided by dispensing the droplet onto the thermocouple loop at the 50°C region of the gradient. Rapid thermocycling is then conducted by continuously moving the droplet within the heated oil until the desired temperature is reached (Fig. 1, D to F, and movies S3 and S4). This continuous movement enhances the thermal transfer because it provides forced convection between the droplet and the oil \((h)\). By this technique, droplet ramp rates up to 12°C/s and oil ramp rates up to 32°C/s are achieved (Fig. 2C). Thermal cycle times range from 28 to 48 s, depending on the desired mode of operation. The thermocycling temperature profiles indicate that reaction temperatures are consistently achieved in each cycle (Fig. 2C). The droplet temperatures at each phase are 90.4° ± 0.2°C for denaturation, 68.4° ± 0.2°C for extension, and 60.2° ± 0.2°C for annealing. The accuracy of the temperature control is ensured by real-time droplet temperature feedback.

To decrease thermal cycle times, increased offsets between the oil temperature and the desired droplet temperature \((\Delta T)\) are used to enhance convective heat transfer. Convective heat transfer is governed by the equation \(q = h(T_{\infty} - T_{\text{object}})\), where \(q\) is heat flux, \(h\) is the heat transfer coefficient, \(T_{\infty}\) is the temperature of the surrounding medium (the oil), and \(T_{\text{object}}\) is the temperature of the object being heated (the droplet). To achieve the temperature offsets, the droplet is positioned at oil temperatures higher than the desired droplet temperature during heating and at oil temperatures lower than the desired droplet temperature during cooling (Fig. 2C). Greater offsets yield a more rapid rate of heat transfer, and droplet temperature feedback is used to mitigate the risk of overshoot. Using this thermocycling strategy, we observed reproducible amplification of the hypervariable region V3 of the 16S rRNA gene from 7 pg of purified *Klebsiella pneumoniae* genomic DNA (equivalent to \(1.4 \times 10^3\) genomic copies) at thermocycling speeds of 48 s/cycle (Fig. 2D). The coefficient of variation of the three band intensities, representing three separate amplifications, is 4.0%, indicating a high degree of consistency between measurements. The absence of a band for the no template control (NTC) (Fig. 2D) indicates that the device is not susceptible to DNA contamination, which could lead to false positives.

**Interfacial adsorption of contaminating tissue proteins**

A porcine model for IE was developed (33) (Fig. 3F). Excised heart valve tissue punches (6-mm-diameter sections) (Fig. 3G) were sterilized, inoculated with vancomycin-resistant *Enterococcus faecium* (VRE), and ground using a micro–mortar and pestle. The liquid phase of the tissue after grinding had a protein concentration of 1.6 ± 0.1 mg/ml (Fig. 3A). The interfacial tensions (\(\gamma\)) of the PCR cocktail with the purified target and the PCR cocktail with the tissue-contaminated target were measured with a First Ten Ångstroms (FTÅ) 200 contact angle and interfacial tension analyzer, and the interfacial tensions were...
25.55 and 27.60 mN/m, respectively (Fig. 3B). A free-body force diagram with the interfacial layer. The forces on the droplet include the interfacial tension force ($F_g$), the buoyancy force ($F_B$), the weight of the droplet ($F_{mg}$), and the thermocouple force ($F_{TC}$). (D) Fluorescence qPCR amplification curves for 16S RNA hypervariable regions V1-V2 and vanA gene from intact vancomycin-resistant E. faecium (VRE) with and without tissue contamination. The Ct values for 16S RNA V1-V2 without tissue, 16S RNA V1-V2 with tissue, vanA without tissue, and vanA with tissue are 28.4, 30.0, 34.0, and 39.4, respectively. The tissue contamination inhibits fluorescence qPCR, as seen by the upward shift of 1.6 cycles for the 16S RNA V1-V2 target and 5.4 cycles for the vanA target. Additionally, NTC samples for each primer set are plotted. (E) Protein diffusion to the interface is calculated on the basis of typical blood and tissue concentrations, using diffusivities from literature and Fick’s equation. For comparison, the diffusion of Taq polymerase to the interface is also calculated. (F and G) The porcine heart from which heart valves were excised, sectioned, inoculated, ground, and used as the PCR target.

**Amplification performance of DOT thermocycling**

Vancomycin-resistant E. faecium (VRE) and vancomycin-sensitive Enterococcus faecalis (VSE) were successfully distinguished on the basis of amplification of a 377–base pair (bp) segment of the vanA gene directly from bacterial culture using DOT thermocycling (Fig. 4A). This band was absent for the NTC sample. A sub-picogram limit of detection was established for amplification of the 196-bp 16S RNA V3 amplicon from 0.7 pg of K. pneumoniae genomic DNA (equivalent to 1.4 × 10^4 genomic copies) at 48 s/cycle (Fig. 4B). Moreover, the plasmid-mediated antibiotic resistance gene vanA was directly
amplified from the inoculated heart valve tissue (Fig. 4C, lane 1). The inoculum contained 7 × 10^5 colony-forming units (CFU) of VRE, which is in the concentration range relevant to IE vegetations (40). The inoculated heart valve tissue was ground with a micro-mortal and pestle, and the liquid phase was directly pipetted into the PCR cocktail without further purification. Despite inhibitions observed on the fluorescence qPCR instrument, amplification in the presence of protein contamination was achieved because of interfacial compartmentalization (leading to inhibition relief) (41). The 16S rRNA V3 region was successfully amplified from the inoculated heart valve tissue at thermocycling speeds of up to 28 s/cycle or 14 min/30 cycles (Fig. 4C, lanes 2 to 4).

Real-time detection by analysis of DOTS

We observed that PCR amplification in the presence of SYBR Green I (SG) by DOT thermocycling is accompanied by a change in droplet volume, which is measured as a change in droplet height from the initial value before thermocycling. The change in volume is observed through the viewing window at the 70°C region of the heat gradient. Images are captured by a smartphone camera every 5 cycles (Fig. 5B), and the DOT is used for droplet height measurements. During the early thermal cycles, the decrease in droplet volume is dependent on the initial DNA amount (N_0) of the reaction (Fig. 5A).

In Fig. 5A, the percent decrease in droplet height is plotted against the cycle number (C_n) for N_0 values ranging from 1.5 × 10^5 to 1.5 × 10^8 genomic copies. The error bars of the droplet height measurements represent the overall device noise, which was determined by loading consecutive 7.5-μl droplets onto the thermocouple loop, positioning the DOT at the viewing window, imaging the droplet with the smartphone camera, and measuring the SE of the droplet height measurement. The detection threshold (4.8% decrease in droplet height) is also plotted in the figure to illustrate how C_n can be calculated by linear interpolation between two measured values. A threshold value of 4.8% was chosen to optimize the R^2 value of the standard curve linear regression.

Decrease in interfacial tension during amplification in the presence of SG

To compare the interfacial tension of PCR mixtures during amplification with the signals from gel electrophoresis and fluorescence...
qPCR, we performed the following experiments. First, a PCR with 1.5 × 10^4 genomic copies was conventionally thermocycled with SG in increments of 5 thermal cycles, and the amplification was analyzed by gel electrophoresis (fig. S1A). Another PCR with the same N_0 (1.5 × 10^4 genomic copies) was similarly thermocycled but in the absence of SG (fig. S1B). A third PCR lacking target DNA (NTC) was thermocycled with SG, and no amplification was detectable by gel electrophoresis even after 30 thermal cycles (fig. S1C). The band intensities on the gel electropherograms were quantified at the expected product length (196 bp), normalized to the band intensity at C_0, and plotted against C_t. DNA amplification was detected after 20 thermal cycles by gel electrophoresis and after 21.11 ± 0.06 thermal cycles by fluorescence (Fig. 6B) for the reactions with an N_0 of 1.5 × 10^4 genomic copies. No amplification was detected for the NTC reaction with SG by gel electrophoresis or by fluorescence.

The interfacial tension γ during the three different reactions was measured every five thermal cycles with an FTÅ 200 contact angle and interfacial tension analyzer. The change in interfacial tension with respect to the interfacial tension at C_0 (dγ/γ_0) was plotted against C_t (Fig. 6C). The interfacial tension of the SG reaction with amplification decreased by 21% by C_{10}, after which it remained nearly constant. On the other hand, the interfacial tension of the SG NTC reaction increased by 6% at C_5 and thereafter subsequently fluctuated within 4% of no change. The interfacial tension of the reaction with amplification but without SG increased by 11% at C_5 and then increased to 19% by C_{30}. The only reaction condition that resulted in an appreciable decrease in the interfacial tension as a function of C_t was the combination of SG and an increasing DNA concentration (Fig. 6C). After DNA amplification by PCR in the presence of SG, colloidal suspensions within the oil phase were observed by light microscopy (Fig. 7A). These water-in-oil droplets had a volume of 0.5 to 4.2 fl and a corresponding diameter of 1 to 2 μm.

Fig. 6. Interfacial tension during DNA amplification in the presence of SG. Three reactions with different conditions were thermocycled in increments of 5 cycles. The reaction conditions were (i) 75 pg of K. pneumoniae genomic DNA (1.5 × 10^4 genomic copies) with SG to amplify the 16S rRNA V3 amplicon (196 bp), (ii) 75 pg of K. pneumoniae genomic DNA (1.5 × 10^4 genomic copies) without SG to amplify the 16S rRNA V3 amplicon (196 bp), and (iii) NTC with SG. The samples were analyzed by gel electrophoresis (fig. S1). (A) Band intensities at the 196-bp region of the gel images were quantified, normalized to the intensity at C_0, and plotted against C_t. The product band is first detected at C_{20}, and no product band is detected for the NTC. (B) Fluorescence qPCR amplification curve for the 16S rRNA V3 amplicon (196 bp) amplified from 75 pg of K. pneumoniae genomic DNA (1.5 × 10^4 genomic copies) and NTC. The Ct values for DOTS qPCR and fluorescence qPCR were calculated using StepOne Real-Time PCR software (Applied Biosystems, 4376374). The Ct values for DOTS qPCR and fluorescence qPCR for N_0 values, ranging from 1.5 × 10^2 to 1.5 × 10^5 genomic copies, and for NTC are reported in Table 1. The linear relationship between the initial DNA amount and the threshold cycle for DOTS qPCR was determined to be log(N_0) = −0.48C_t + 6.6, with an R^2 of 0.981.

Low threshold cycle detection by DOTS qPCR
To establish a standard curve, the logarithm of the initial DNA amount [log(N_0)] is plotted against the threshold cycle C_t in Fig. 8. The threshold cycle is defined as the theoretical fractional thermal cycle at which the detection threshold is reached. The detection threshold for DOTS qPCR (Fig. 8A) was set at a 4.8% decrease in droplet height, and the Ct values were calculated by linear interpolation between two measured values. For fluorescence qPCR (Fig. 8B), the detection threshold was set at 1.0, and the Ct values were calculated using the Applied Biosystems 7900HT sequence detection system.

Table 1. Threshold cycles for DOTS qPCR and fluorescence qPCR.
Uncertainties have been determined as the SE of repeated measurements for DOTS qPCR and as the SE of triplicate experiments for fluorescence qPCR.

<table>
<thead>
<tr>
<th>N_0 (genomic copies)</th>
<th>DOTS qPCR C_t</th>
<th>Fluorescence qPCR C_t</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.5 × 10^2</td>
<td>3.1 ± 0.2</td>
<td>17.66 ± 0.04</td>
</tr>
<tr>
<td>1.5 × 10^3</td>
<td>4.6 ± 0.3</td>
<td>21.11 ± 0.06</td>
</tr>
<tr>
<td>1.5 × 10^4</td>
<td>7.5 ± 0.4</td>
<td>25.28 ± 0.07</td>
</tr>
<tr>
<td>1.5 × 10^5</td>
<td>9.0 ± 0.6</td>
<td>29.88 ± 0.03</td>
</tr>
<tr>
<td>NTC</td>
<td>14.4 ± 0.4</td>
<td>32.4 ± 0.1</td>
</tr>
</tbody>
</table>

A similar linear relationship was observed for fluorescence qPCR: \( \log(N_0) = -0.24C_t + 9.4 \), with an \( R^2 \) of 0.996. On average, quantification by DOTS qPCR can be done 17.53 cycles earlier than is possible using fluorescence qPCR. At a thermocycling speed of 48 s/cycle, DOTS qPCR can detect 1.5 \( \times \) 10^5 genomic copies of bacterial DNA in 2 min 30 s and 1.5 \( \times \) 10^3 genomic copies in 7 min 10 s, whereas a negative result can be confirmed in 11 min 31 s.

**DISCUSSION**

With DOTS qPCR, real-time quantification of nucleic acids is possible for 1.5 \( \times \) 10^5 genomic copies of bacterial DNA within 3 min 30 s (2 min 30 s for thermocycling and 1 min for sample preparation/loading). The enabling features of our novel methodology stem from interfacial effects, with the droplet stability ensured by the centrally acting interfacial tension (\( \gamma \)) forces. Whereas miscellaneous tissue components are found to inhibit fluorescence qPCR (Fig. 3D), minimal sample preparation is necessary with DOT thermocycling because these inhibitory components are sequestered at the oil-water interface (Fig. 3E). The surrounding oil environment also prevents droplet evaporation. To achieve accurate thermocycling, reaction droplets are positioned within the oil heat gradient by a feedback-controlled motor, and thermal cycle times are as short as 28 s (Fig. 4C). Furthermore, PCR amplification is detected during the early cycles because changes to the interfacial composition lead to a decrease in droplet volume. Therefore, DOTS qPCR does not require extensive thermocycling to reach the detection threshold (Fig. 5).

**Fig. 7.** Femtoliter water-in-oil droplets after DNA amplification with SG. (A) Bright-field microscope image showing water-in-oil droplets stabilized by dsDNA/SG complexes. The droplets range from 1 to 2 \( \mu \)m in diameter and from 0.5 to 4.2 fL in volume. These femtoliter droplets are observed in the oil phase after DNA amplification with SG. (B) Molecular schematic illustrating adsorption at the oil-water interface: (a) protein adsorption initially stabilizes the droplet; (b) proteins undergo conformational change; (c) proteins form networks; (d) PCR produces dsDNA amplicons; (e) SG intercalates dsDNA, forming relatively hydrophobic complexes; (f and g) dsDNA/SG complexes replace the surface-bound proteins because of high interfacial affinity and high concentration (Vroman effect); (h) adsorption of dsDNA/SG complexes decreases interfacial tension, and colloidal suspensions become energetically favorable. Femtoliter water droplets are emulsified in the oil phase, decreasing DOT volume.

**Fig. 8.** Real-time PCR standard curves for DOTS qPCR and fluorescence qPCR. (A) DOTS qPCR standard curve for 16S amplification of the V3 amplicon from *K. pneumoniae* genomic DNA in the range of 1.5 \( \times \) 10^2 to 1.5 \( \times \) 10^5 genomic copies. A trend line is fitted to the data by linear regression analysis: \( \log(N_0) = -0.48C_t + 6.6 \); \( R^2 = 0.981 \). In DOTS qPCR, the \( C_t \) values for NTC and 1.5 \( \times \) 10^2, 1.5 \( \times \) 10^3, 1.5 \( \times \) 10^4, and 1.5 \( \times \) 10^5 genomic copies are 14.4 \( \pm \) 0.4, 9.0 \( \pm \) 0.6, 7.5 \( \pm \) 0.4, 4.6 \( \pm \) 0.3, and 3.1 \( \pm \) 0.2, respectively. (B) Fluorescence qPCR standard curve for 16S amplification of the V3 amplicon from *K. pneumoniae* genomic DNA in the same range. A trend line is fitted to the data by linear regression analysis: \( \log(N_0) = -0.24C_t + 9.4 \); \( R^2 = 0.996 \). In fluorescence qPCR, the \( C_t \) values for NTC and 1.5 \( \times \) 10^2, 1.5 \( \times \) 10^3, 1.5 \( \times \) 10^4, and 1.5 \( \times \) 10^5 genomic copies are 32.4 \( \pm \) 0.1, 29.88 \( \pm \) 0.03, 25.28 \( \pm \) 0.07, 21.11 \( \pm \) 0.06, and 17.66 \( \pm \) 0.04, respectively.
Inhibition relief by interfacial adsorption of contaminant proteins

An interfacial tension increase was observed upon the addition of contaminant proteins to the PCR mixture (Fig. 3B). This represents a change in the interfacial composition of the droplet due to protein diffusion to the interface (Fig. 3E). Because of their relatively high concentrations and diffusivities, the relevant blood and tissue proteins will diffuse to the interface before the Taq polymerases. Proteins are adsorbed strongly at (42) and stabilize (43) the oil-water interface by a three-part process (Fig. 7B, a to c)—enhanced by thermal induction of unfolding (44): (i) protein adsorption, (ii) conformational change, and (iii) aggregation (45). This process follows the Vroman effect (35, 46) and has been widely studied because of its implications in pharmaceutical and food industries. Moreover, Taq polymerase is thermally stable and will not be denatured during heating, whereas tissue proteins are not stable at PCR temperatures and will be denatured. Protein denaturation exposes hydrophobic residues, which increases the affinity of the protein for the oil-water interface (45). Without the oil-water interface, the presence of protein inhibits PCR (Fig. 3D). The interfacial adsorption described here relieves PCR inhibition and offers the potential to eliminate DNA isolation from the PCR workflow.

Association of SG with DNA to render amplicons hydrophobic

Interal interface tension is responsible for DOT stability because the centrally acting force, maintains the droplet shape (Fig. 3C). The structure of SG and its interaction with double-stranded DNA (dsDNA) are well established (47). SG intercalates the DNA minor groove via its phenylquininium and benzothiazole aromatic systems, and the positively charged benzothiazole interacts electrostatically with the negatively charged phosphate groups of dsDNA. In addition, the dsDNA/SG complex is stabilized by the positively charged dimethylaminopropyl group, which extends along the minor groove for 3 to 4 bp. The overall size of the SG binding site is equal to 3.4 bp or 11.5 Å. Unbound SG is an amphiphilic molecule containing positively charged propyl groups as well as aromatic rings. Therefore, when SG intercalates dsDNA, the positively charged SG partially neutralizes the negatively charged phosphate backbone of dsDNA. When dsDNA is amplified, the dsDNA/SG complex is formed, which has high affinity for the oil-water interface. As the dsDNA/SG complex concentration increases, the interfacial tension markedly decreases (Fig. 6C).

The role of the dsDNA/SG complex in DOTS qPCR

Before PCR amplification, high-motility proteins with low interface affinity are reversibly adsorbed and are subsequently displaced by proteins that have higher concentration, higher affinity for the interface, and lower motility; this is known as the Vroman effect (35, 42). In DOT thermocycling, the dsDNA concentration is exponentially increased by PCR, and the relatively hydrophobic dsDNA/SG complex accumulates. Adsorption of the dsDNA/SG complex at the interface causes proteins to be desorbed, markedly decreasing the interfacial tension. As the interfacial tension decreases, the entropy penalty of interaction between oil and water decreases as well (Fig. 7B). Because higher surface area to volume ratios are permitted when the surface energy is decreased, droplets with a volume of 0.5 to 4.2 fl separate from the DOT and become emulsified in the oil phase (Fig. 7A).

As shown in Fig. 5, the decrease in interfacial tension, which leads to a decrease in the DOT volume, is dependent on \( N_0 \) of the reaction, because \( N_i \) is reached at earlier cycles for reactions with higher \( N_0 \). There is a log-linear relationship between \( N_0 \) and the threshold cycle \( (C_l) \): \( \log(N_0) = -0.48C_l + 6.6 \). This relationship can be used to quantify unknown \( N_0 \) in the range of \( 1.5 \times 10^2 \) to \( 1.5 \times 10^5 \) copies of bacterial genomic DNA. Typical clinical concentrations for IE range from \( 10^7 \) to \( 10^9 \) CFU/g of vegetated heart valve tissue (17, 20, 40) with inocula ranging from \( 10^4 \) to \( 10^7 \) CFU (40). The quantitative range of DOTS qPCR is a good match for this clinical situation, considering the sample preparation method, sample size, and the limit of detection of \( 1.5 \times 10^2 \) genomic copies.

Comparison of interfacial tension detection with fluorescence detection

Figure 6 shows that interfacial tension can be used to detect PCR amplification at earlier thermal cycles than can be achieved with fluorescence or gel electrophoresis. PCR amplification is described by Eq. 1 (48, 49), where \( E \) is the reaction efficiency, \( C_n \) is the number of cycles, \( N_0 \) is the initial number of amplicons, and \( N_e \) is the number of amplicons after \( n \) cycles:

\[
N_n = N_0(E + 1)^C_n. \tag{1}
\]

In the case of fluorescence detection, a threshold \((F_t)\) can be chosen to calculate the corresponding threshold cycle \((C_t)\). The number of amplicons at \( C_t \) \((N_t)\) is the same for any \( N_0 \). We therefore use \( N_t \) to compare the DOTS qPCR and fluorescence qPCR detection techniques. The standard curves for both methods are presented in Fig. 8. For both methods, \( N_t \) is calculated from the intercept in the log-linear equation (Eq. 2) of the standard curve (48, 49):

\[
\log N_0 = -C_t \log(E + 1) + \log N_t. \tag{2}
\]

SG fluorescence is increased 1000 times upon forming a complex with dsDNA (47), but this fluorescence signal is not detectable by fluorescence qPCR until \( 1.28 \times 10^{10} \) amplicons are present. In contrast, the detection threshold in DOTS qPCR is reached at \( 3.96 \times 10^6 \) copies (Fig. 8A).

For interfacial tension detection, we may assign \( N_t \), a physical meaning by using the Langmuir adsorption isotherm equation (Eq. 3), where \( \theta \) is the fractional coverage \((\theta = \Gamma/\Gamma_{\text{max}})\), \( \Gamma \) is the adsorbed amount, \( \Gamma_{\text{max}} \) is the amount adsorbed at saturation, \( C \) is the equilibrium concentration, and \( K_{\text{ads}} \) is the equilibrium constant for adsorption/desorption:

\[
\theta = \frac{K_{\text{ads}}C}{1 + K_{\text{ads}}C}. \tag{3}
\]

The Langmuir adsorption isotherm equation describes the filling of available surface sites as a function of concentration. As the equilibrium concentration increases with each thermal cycle, a similar saturation effect is seen in the interfacial tension with respect to the cycle number (Fig. 6C). To apply this interfacial adsorption to interfacial tension, we must consider the energy associated with molecular adsorption. For this purpose, we turn to the Gibbs adsorption isotherm at constant temperature (Eq. 4), where \( \gamma \) is the interfacial tension, \( \Gamma \) is the adsorbed amount, and \( \mu \) is the chemical potential:

\[
d\gamma = -\sum \Gamma_i d\mu_i. \tag{4}
\]
and Gibbs adsorption isotherms allow us to define $N_g$ for DOTS qPCR as the amount of DNA amplicons necessary to cause a sufficiently large decrease in interfacial tension that results in a fractional volume loss of 4.8%.

**Impact of DOTS qPCR on medical diagnostics and biological research**

The reduction in interfacial tension upon DNA amplification in the presence of SG causes a fractional loss of volume because femtoliter water droplets become emulsified in the oil phase. Moreover, the logarithm of $N_g$ scales linearly with the fractional thermal cycle at which the percent decrease in droplet height reaches the 4.8% threshold. This relationship can be used for quantification in a manner identical to fluorescence qPCR but at a lower threshold cycle (Fig. 8). Quantification by DOTS qPCR can be accomplished in less than 4 thermal cycles and takes 2 min 30 s (3 min 30 s including sample preparation/loading). Fluorescence qPCR systems require excitation and emission band-pass filters, a dichroic mirror, an expensive light source (tungsten-halogen lamp or argon ion laser), a sensitive detector (typically photomultiplier tube), a completely dark environment, and an external computer. In contrast, the DOTS qPCR detection system is composed of a single lens and a smartphone with ambient lighting. Furthermore, disposability is a necessary feature of medical diagnostics. All components of the DOTS qPCR device that come into contact with the sample—the semicircular channel, motor arm, thermocouple, heating element, and silicone oil—are inexpensive (less than $20 for all components) and disposable.

qPCR is widespread in biological research and medical diagnostics. Whereas all users could benefit from the increased assay speed, our methodology could have an immediate impact on patients for whom time is truly of the essence. Therefore, we have demonstrated DOTS qPCR to diagnose tissue infection, which could result in informed clinical decision-making and a decreased loss of life. We anticipate extending this technology to biological research applications such as analyses from single cells, single nuclei, and single molecules (50). These applications require more than 40 thermal cycles to reach the fluorescence detection threshold, and excessive thermocycling can decrease specificity by amplifying low-level background contamination and non-specific targets. Therefore, low threshold cycle detection would improve the analysis of these small samples.

Our work is the first reported use of interfacial effects to detect PCR amplification. This is an important technical advancement not only because of the simplicity of the thermocycler and detection apparatus but also because it enables detection at low cycle numbers. Because of its extremely high speed, DOTS qPCR can be used, unlike any existing technique, for tissue infection diagnosis—in the clinic or operating room before initial prescription of therapy. With DOTS qPCR, infection diagnosis will be timely, and surveillance of antibiotic resistance will be convenient and widespread.

**MATERIALS AND METHODS**

**Polymerase chain reaction**

There are two different thermocycling modalities and two different real-time detection modalities that are reported in this work. The thermocycling modalities are termed conventional thermocycling and DOT thermocycling. The real-time PCR (qPCR) modalities are termed fluorescence qPCR and DOTS qPCR. There were three different target samples used. Vancomycin-sensitive *E. faecalis* (VSE, ATCC 33186) and vancomycin-resistant *E. faecium* (VRE, Enterococcus ATCC 700221) were propagated, according to the procedure outlined in the American Type Culture Collection (ATCC) product sheet, to $10^6$ CFU/ml, pelleted by centrifugation at 6000g for 10 min, resuspended in 100 μl of molecular grade water, and heat-killed at 95°C for 15 min. Purified *K. pneumoniae* strain Z026 genomic DNA was purchased from ZeptoMetrix.

Three primer sets were used. The plasmid-mediated antibiotic resistance gene *vanA* was targeted by the following *vanA* primers (13): forward, 5′-TCTGCAATAGAGATAGCCGC-3′; reverse, 5′-GGAGTAGCTATCCCAAGCATT-3′. The *vanA* amplicon was 377 bp in length. The amplicon length and primer pairing were confirmed by mapping to the VRE *vanA* gene (accession number AB247327) (51). The 16S rRNA gene was targeted at the hypervariable regions V3 and V1-V2. The V3 primer sequences were forward: 5′-ACTCTTACGGGAGCACGAG-3′ and reverse: 5′-ATTACCGCGGCTGCTGG-3′, yielding an amplicon length of 196 bp (52). The V1-V2 primer sequences were forward: 5′-AGAGTTTGATCTGAGCTCAG-3′ and reverse: 5′-CYACTGCTGCTTCCCTGTA-3′ for an amplicon length of 353 bp.

The PCR recipe varies by modality, but the standard PCR recipe was used for most experiments and should be assumed unless otherwise noted. The standard PCR cocktail is composed of the following components: PCR Master Mix [GoTaq Green Master Mix 2X (Promega, M7122), GoTaq Colorless Master Mix 2X (Promega, M7132), or Fast SYBR Green Master Mix 2X (Applied Biosystems, 4385612)]; forward and reverse primers (10 μM); target and nuclease-free water in the proportion 5:1:1.3. The target proportion is increased for the heart valve tissue biopsy by reducing the water content. The real-time detection modalities (fluorescence qPCR and DOTS qPCR) use modified PCR cocktails.

**Design and fabrication of the DOTS qPCR device**

The mechanical aspects of the device were designed using the computer-aided design software SolidWorks, and the custom parts were printed three-dimensionally from acrylonitrile butadiene styrene (ABS) polymer using Dimension uPrint SE. A nickel-chromium heating wire (Omega, N160-010-200) with a resistance per length of 22.15 ohms/m was wound in a serpentine manner and pressed between two 25 × 19-mm sections of a double-sided solvent-resistant tape (McMaster-Carr, 795955A672). The tape ensures that the wire does not make self-contact. The final resistance of the heater was 10 ohms. A single-sided adhesive Teflon tape (McMaster-Carr, 8711K22) was applied to the top surface of the heater assembly to minimize fouling. A heater was bent into each end of the semicircular channel and secured with quick-cure glue (Gorilla Glue, 39038). The ends of the heater wire were connected to the PID controller via a copper wire. A 36-gauge type K thermocouple (Omega, 5TC-2K-3.6) was placed over the surface of both heaters to serve as feedback control. The PID controller was custom-designed to regulate the 7.5 V, 0.75 A heater power supply. The channel was filled with 8 ml of silicone oil (Santa Cruz Biotechnology, sc-215854A) before loading each sample, and the channel was washed extensively with sodium hypochlorite, ethanol, and deionized water between samples. For real-world use, the following components of the device are disposable and meant for one-time use: the semicircular channel, motor arm, thermocouple, heating element, and silicone oil. The set temperatures at the heat gradient extremes (100°C and 50°C) were equilibrated to a steady state within 10 min of commencing temperature ramping. A heat gradient was established between the temperature extremes and verified.
by a thermocouple traveling at 17.6°/s around the semicircular channel. All temperatures between the two set points were represented.

A thermocouple for droplet suspension was bent into a loop with a diameter of 3 mm, and the thermocouple junction was bent downward below the center of the loop. The thermocouple loop was mounted on the motor arm so that it was completely submerged below the surface of the oil. The thermocouple loop provides droplet temperature feedback and records the droplet temperatures. Each thermocouple was only used for a single sample, after which it was discarded to avoid contamination and nonspecific amplification. A miniature motor (NMB Technologies, PG155-D20-HHB9) with a 0.176° step angle was fixed concentric to the semicircular channel. The motor was powered by the microcontroller (Arduino Mega) power supply and controlled by a motor controller circuit assembly (Sparkfun Electronics, EasyDriver). The zero position corresponds to the site of the viewing window and was calibrated using an infrared (IR) photogate.

An optically transparent fused silica window (Edmund Optics, #45-309) separates the oil from the lens of the smartphone camera. This window creates a view into the channel at the 70°C region of the heat gradient. An adjustable lens tube (ThorLabs, SM05V05) containing an N-BK7 plano-convex lens (ThorLabs, LA1560) focuses the image on the smartphone camera (Apple iPhone 4) at a focal point 22.7 mm from the back planar surface of the lens. The lens tube was connected to the smartphone via a custom-designed smartphone housing that aligns the lens with the smartphone camera.

**Conventional thermocycling**

Conventional thermocycling was conducted using the MJ Research MiniCycler. One cycle consists of the following three phases: denaturation for 30 s at 95°C, annealing for 30 s at 58°C, and extension for 40 s at 72°C. To analyze samples at increments of 5 cycles for 0 to 30 cycles, seven replicate PCR cocktails were prepared. The zero-cycle sample was not thermocycled, and the remaining six samples were thermocycled for 5 cycles at a time. One sample was removed from the thermocycler every 5 cycles and stored in a 4°C refrigerator. For samples that were continuously cycled for 30 cycles, a 3-min initial denaturation step at 95°C and a 10-min final extension step at 72°C were added.

**DOT thermocycling**

Five to 10 μl of PCR cocktail was dispensed with a micropipette onto the thermocouple loop so that the droplet was completely submerged in the heated oil. The droplet was dispensed with the motor arm positioned at the low-temperature region to avoid nonspecific extension before initial denaturation and annealing. PCR protocols were programmed for automatic device operation, and the device could be run in multiple modes. The droplet position can be determined either by predefined temperature mapping or by real-time temperature feedback. For temperature feedback, the thermocouples mounted on the motor arm measured the oil and droplet temperatures. The device is reprogrammable to allow for different PCR protocols. Under typical thermocycling, the droplet is never held stationary so that the continuous movement enhances heat transfer by convection.

**Gel electrophoresis**

The PCR products were analyzed by gel electrophoresis. For amplicons between 100 and 500 bp, 3% (w/v) agarose gel (Sigma, A0169) in 1x tris-acetate-EDTA (TAE) buffer (Invitrogen, 24710-030) was used. A 1-kb Plus DNA Ladder (Invitrogen, 10787) was used as the length standard, and 4 μl of sample was added to each lane. An electrophoresis power supply (Fischer Scientific, FB200) provided a potential of 120 V for 40 min. The gels were stained with ethidium bromide (Sigma, E1510), washed with 1× TAE, and imaged under UV irradiation. The images were analyzed with ImageJ software [U.S. National Institutes of Health (NIH)].

**Real-time PCR on a fluorescence qPCR instrument and standard curve construction**

A real-time PCR (qPCR) standard curve was constructed on the StepOne Real-Time PCR System (Applied Biosystems, 4376374). The PCR cocktail contained 25 μl of Fast SYBR Green Master Mix (Applied Biosystems, 4385612), 1 μl of forward and reverse primers (10 μM each), 1 μl of target DNA, and 23 μl of nuclease-free water, for a total volume of 50 μl. The thermocycler was programmed for 40 cycles of 95°C for denaturation and 60°C for annealing, followed by the dissociation protocol. PCRs were run in triplicate for each initial target amount (N₀), using 10-fold serial dilutions of the K. pneumoniae strain Z026 genomic DNA from 1.5 × 10² to 1.5 × 10⁵ genomic copies. The number of genomic copies was estimated using a genomic mass of 5 fg. A fluorescence threshold (Fₜ = 1.0) was chosen within the exponential phase of amplification, and the Cₜ values were calculated using StepOne software. The logarithm of N₀ was plotted against the average Cₜ value for each N₀ and a trend line was established for this plot using linear regression analysis: log(N₀) = −0.278Cₜ + 12.1. The slope [−log(E +1)] was used to calculate the slope-derived efficiency (Eₛ = 89.5%), and the y-intercept [log(N₀)] was used to determine the number of amplicons at Fₜ (Nᵢ = 1.15 × 10¹² copies).

**Porcine model for IE**

A porcine heart was procured from the University of Arizona College of Agriculture and Life Sciences Food Products and Safety Laboratory (U.S. Department of Agriculture Food Safety and Inspection Service, M966-P19049-V966). The aortic, mitral, and tricuspid valves were excised from the heart under sterile conditions, and 6-mm circular sections were cut using a skin biopsy punch. To ensure sterility, the valve sections were incubated overnight on a 12-well tissue culture plate in antibiotic-containing M199 tissue culture medium at 4°C. For cryopreservation, the valve sections were transferred to M199 tissue culture medium with 10% (v/v) glycerol. The cryovials were transferred into a Nalgene 1°C freezing container, and this was placed in a −40°C freezer overnight. After freezing, the cryovials were transferred to a freezer box. To prepare the tissue samples for PCR, the valve sections were thawed, the tissue culture medium was removed, and the tissue was washed twice with nuclease-free water. The sections were inoculated with 10 μl of vancomycin-resistant E. faecium (VRE, ATCC 700221) in nuclease-free water at 10⁶ CFU/ml, and then 10 μl of nuclease-free water was added. Debridement was simulated by grinding the inoculated tissue with a micro–mortar and pestle (BioMasher II) for 1 min. The liquid phase of the ground tissue was used as the PCR target without further purification. To evaluate the inhibition effect of the tissue contamination, the Applied Biosystems ABI Prism 7000 Sequence Detection System was used, and the Cₜ values were calculated with an Fₜ of 1.0.

**Protein quantification**

The Bradford assay (Bio-Rad, Quick Start Bradford Protein Assay) was used to determine the protein content of the tissue sample after grinding.
Standard curves were created for the assay using bovine serum albumin (BSA) and γ globulin. The protein content of the tissue sample was estimated as a range using the BSA standard curve as the lower limit and the γ globulin standard curve as the upper limit. BSA has a higher affinity for the Bradford dye than for γ globulin.

**Interfacial tension (γ) measurement**

The interfacial tension was measured by the pendant droplet method on an FTÅ 200 contact angle and interfacial tension analyzer. Pendant droplets were extruded from an 18-gauge blunt needle tip (Jensen Global, JG18) with an inside diameter of 0.9652 mm, and interfacial tension measurements were made at droplet equilibration at 2, 4, and 6 min after extrusion. The average interfacial tension, along with the SE, was plotted.

**Visualization of emulsified femtoliter droplets**

The miscibility of the thermocycled PCR cocktails were characterized by light microscopy to determine the volume of emulsified droplets of the PCR mixture in the oil phase. A 40-μl PCR cocktail containing 4 ng of *K. pneumoniae* genomic DNA and Fast SYBR Green Master Mix was conventionally thermocycled for the amplification of the 16S rRNA V3 amplicon with a 40-μl silicone oil overlay. After thermocycling, the oil and water were vortex-mixed and allowed to settle. Then, 5 μl of the oil phase was pipetted onto a glass microscope slide and covered with a coverslip to be visualized by light microscopy.

**Droplet-on-thermocouple silhouette real-time PCR**

Real-time detection of PCR amplification was achieved by analyzing the DOTS during thermocycling. A special PCR cocktail was formulated to aid in the visualization of the DOTS. This cocktail contained Fast SYBR Green Master Mix, GoTaq Green Master Mix, forward and reverse primers (10 μM), target, and nuclease-free water in the proportion 5:1:1:1:2. For 0 to 15 cycles, the droplet was positioned in front of the viewing window, which was located at the 70°C region of the heat gradient. The image of the droplet was captured by a smartphone camera (Apple iPhone 4) every 5 cycles, and the droplet height at the center was determined with analysis by ImageJ software. The percent decrease in droplet height with respect to the droplet height at cycle zero was plotted against the cycle number.

### SUPPLEMENTARY MATERIALS

Supplementary material for this article is available at http://advances.sciencemag.org/cgi/content/full/1/e1400061/DC1

Fig. S1. Gel electrophoresis of PCR amplification at different cycle numbers. Movie S1. DOTS qPCR device operation. Movie S2. Droplet imaging by smartphone. Movie S3. Close-up view of convective heating. Movie S4. Whole-device view of a complete thermal cycle.

### REFERENCES AND NOTES


Innovative qPCR using interfacial effects to enable low threshold cycle detection and inhibition relief
Dustin K. Harshman, Brianna M. Rao, Jean E. McLain, George S. Watts and Jeong-Yeol Yoon

Sci Adv 1 (8), e1400061,
DOI: 10.1126/sciadv.1400061

ARTICLE TOOLS
http://advances.sciencemag.org/content/1/8/e1400061

SUPPLEMENTARY MATERIALS
http://advances.sciencemag.org/content/suppl/2015/09/01/1.8.e1400061.DC1

REFERENCES
This article cites 49 articles, 17 of which you can access for free
http://advances.sciencemag.org/content/1/8/e1400061#BIBL

PERMISSIONS
http://www.sciencemag.org/help/reprints-and-permissions

Use of this article is subject to the Terms of Service