

CLIMATOLOGY

Reconstructed storm tracks reveal three centuries of changing moisture delivery to North America

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Moisture delivery to western North America is closely linked to variability in the westerly storm tracks of mid-latitude cyclones, which are, in turn, modified by larger-scale features such as the El Niño–Southern Oscillation system. Instrumental and modeling data suggest that extratropical storm tracks may be intensifying and shifting poleward due to anthropogenic climate change, but it is difficult to separate recent trends from natural variability because of the large amount of decadal and longer variation in storm tracks and their limited instrumental record. We reconstruct cool-season, midlatitude Pacific storm-track position and intensity from 1693 to 1995 CE using existing tree-ring chronologies along with a network of newly developed chronologies from the U.S. Pacific Northwest, where small variations in storm-track position can have a major influence on hydroclimate patterns. Our results show high interannual-to-multidecadal variability in storm-track position and intensity over the past 303 years, with spectral signatures characteristic of tropical and northern Pacific influences. Comparison with reconstructions of precipitation and tropical sea surface temperature confirms the relationship between shifting drought patterns in the Pacific Northwest and storm-track variability through time and demonstrates the long-term influence of El Niño. These results allow us to place recent storm-track changes in the context of decadal and multidecadal fluctuations across the long-term record, showing that recent changes in storm-track intensity likely represent a warming-related increase amplified by natural decadal variability.

INTRODUCTION

Changes in moisture delivery to western North America are largely controlled by the position of the midlatitude storm track in which cool-season, extratropical cyclones are embedded (1, 2). There is a great deal of interannual and interdecadal variability in the average path and intensity of these cyclones (3–5), which deliver the winter precipitation vital to the region's water supply (6). Flow is typically from the west in a zonal pattern, but shifts between zonal and meridional flow have been identified as key features in hydroclimatic variability over the instrumental period, influencing drought and flood regimes across North America (7, 8).

Because of the role that storm tracks play in midlatitude climate variability, any sustained shift in position or intensity will result in significant impacts on regional precipitation (1). Models generally project that midlatitude storm tracks will migrate poleward under current climate change scenarios (9), with an accompanying poleward shift in precipitation (10, 11). However, atmospheric features, such as storm tracks, have been difficult to reproduce accurately in climate models (12), and opposing influences on storm-track position in the Northern Hemisphere under global warming scenarios make model predictions difficult (13). Significant increases in storm-track intensity detected over the second half of the 20th century (3, 4, 14–16) have been linked to warming Northern Hemisphere temperatures (15) and Pacific sea-surface temperatures (SSTs) (16) but may have been overestimated because of biases in the data sets from which the trends were derived (17).

Anthropogenic impacts on storm-track latitude and intensity have been difficult to establish, owing to the considerable variability exhibited by storm tracks over multiple time scales (4, 5, 13) and the limited instrumental record, which is not considered reliable before the 1950s due to changes in the density of surface observations (17). The extended

proxy climate record available from tree rings and other paleoclimate recorders provides insights into the range of variability in hydroclimatic systems over multiple centuries (18, 19), allowing recent changes to be placed into the context of longer-term variability. Although most frequently used for the reconstruction of individual climate variables, such as precipitation and temperature, the tree-ring record has also shown utility for investigating multivariate, synoptic-scale circulation features (20, 21).

The U.S. Pacific Northwest (PNW) provides an excellent opportunity for reconstruction of storm tracks due to the placement of the north-south-oriented Cascade mountain range relative to the prevailing westerly storm-track trajectory. Over the instrumental period, shifts in storm-track position have had a strong impact on hydroclimatic patterns in this region (22, 23), where the spatial distribution of precipitation is primarily driven by orographic enhancement (2), and small variations in storm-track position can lead to major disruptions in snowpack and streamflow (23, 24). Modulation of storm tracks (and consequently precipitation patterns) over the PNW has been connected to the El Niño–Southern Oscillation (ENSO) system over the instrumental period (22, 23, 25), but the extent of the relationship between tropical SST and storm tracks is still widely debated (26). Instrumental period studies have indicated that a large portion of storm-track variability, including the 20th century increase in storm-track intensity, is unrelated to changes in ENSO (3, 4, 14, 26).

Here, we have developed seven new multicentury tree-ring chronologies using a circulation-based field sampling strategy. This tree-ring network was augmented with existing tree-ring chronologies and used to reconstruct the position and intensity of the midlatitude, westerly storm track, which represents the primary large-scale moisture-delivery pathway to the PNW, from 1693 to 1995 CE. We then investigated linkages between storm tracks and terrestrial hydroclimate patterns in the preinstrumental period and used a tropical SST reconstruction developed from coral and ice core records to examine the long-term ENSO connection to storm tracks. Through these analyses, we provide a baseline for understanding recent and projected storm-track changes and their links to the tropical Pacific.

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RESULTS

Over the instrumental period, moist air from the Pacific has typically approached from the southwest rather than the west during El Niño years (22). The resulting reduction in orographic effects leads to drier conditions over much of the PNW but also decreases the rain shadow effect in central Washington on the leeward side of the Cascades (22, 23, 25). We established seven tree-ring field sites around the Columbia River Basin in Washington, USA, where moisture-sensitive trees can reflect shifting rain shadow effects as storm-track trajectories interact with mountain barriers (Fig. 1A). The chronologies developed from these sites ranged from approximately 400 to 600 years in length, with all seven chronologies considered robust [subsample signal strength (SSS) (27) greater than 0.85] by 1693 CE (fig. S1). Our study focuses on the October-to-March cool season, when synoptic-scale storm-track activity is strongest (1, 2). To calibrate our reconstruction model, we derived instrumental-period average cool-season storm-track position and intensity by calculating the maximum variance in the daily meridional component of wind at 300 hPa after application of a first-difference filter (28, 29). This Eulerian approach, in which storm tracks represent regions with frequent baroclinic waves and associated surface cyclones, has been found to accurately identify the region of high cyclone frequency and the orientation of the propagation path of the synoptic transients (1) and has the advantage of providing synoptic-scale insight into the dynamics behind storm-track variability (30).

We reconstructed storm-track position and intensity from 1693 to 1995 CE along longitudinal transects from 150°W to 110°W using a composite-plus-scale method (CPS) (31) that incorporates the seven new chronologies along with existing chronologies from the International Tree-Ring Data Bank (ITRDB) (Fig. 1B). Reconstruction skill was robust between 136°W and 124°W (fig. S2), and we use storm track over these longitudes for subsequent analyses. The seven new PNW tree-ring chronologies developed for this study improved the coefficient of efficiency of the storm-track position reconstruction models for 95% of longitudes falling between 136°W and 124°W by an average of 58% relative to models that included only ITRDB chronologies. To assess long-term variation in the position of the storm track, we fit a straight line using ordinary least squares regression to the reconstructed storm track between 136°W and 124°W (fig. S3). We used the latitude of the linear

storm track at 124°W longitude (which approximates the western coast of the PNW) for assessment of long-term variation in storm-track position. Reconstructed storm-track intensity was measured by the maximum average October-to-March meridional wind variance at 124°W. Both of the resulting reconstructions display substantial interannual and interdecadal variability over time but no systematic trends over the past three centuries (Fig. 2 and fig. S4). However, there was an increase in storm-track intensity over the 56-year instrumental period (Fig. 2B) and a rapid northward movement in storm-track position over the last approximately 20 years of the instrumental record (Fig. 2A).

Using the multitaper method (MTM) of spectral analysis (32), we analyzed the dominant frequency modes in the normalized reconstructed storm-track data. The reconstructed storm-track position and intensity both have significant peaks across the 2- to 8-year interannual “ENSO” band (fig. S5), confirming the important influence of tropical Pacific SST over multiple centuries. The reconstructed storm track also shows spectral peaks in the bidecadal (storm-track position) and pentadecadal (storm-track intensity) bands, both of which are prominent northern Pacific modes of variability (33, 34). Bidecadal power, as seen in reconstructed storm-track position, has been identified in Kuroshio-Oyashio Extension (KOE) SST (34, 35). Heat fluxes from changes in KOE SST may act to alter atmospheric wave patterns, thereby modifying paths of storm tracks across the Pacific (35). The decadal-scale (12-year) variability in the reconstructed storm-track intensity has been linked to other cycles in the North Pacific, including ocean gyre circulation (36). Beyond North Pacific influences, pentadecadal variability is also a signature of the Arctic Oscillation (AO), and instrumental period variability in storm-track intensity has previously been linked to changes in the AO (4, 14).

The trajectory of Pacific storms is a key influence on drought in the PNW and across North America. Previous studies have suggested that major changes in spatial patterns of precipitation anomalies across western North America may have occurred during periods of persistent meridional flow driven by changes in Pacific Ocean conditions (37, 38). Both storm-track position and intensity demonstrate decadal and multidecadal variability throughout the past 300 years (Fig. 2). Of particular note is the early 1900s (Fig. 2), a period of more southerly storm tracks that coincides with a time of abnormally high precipitation and

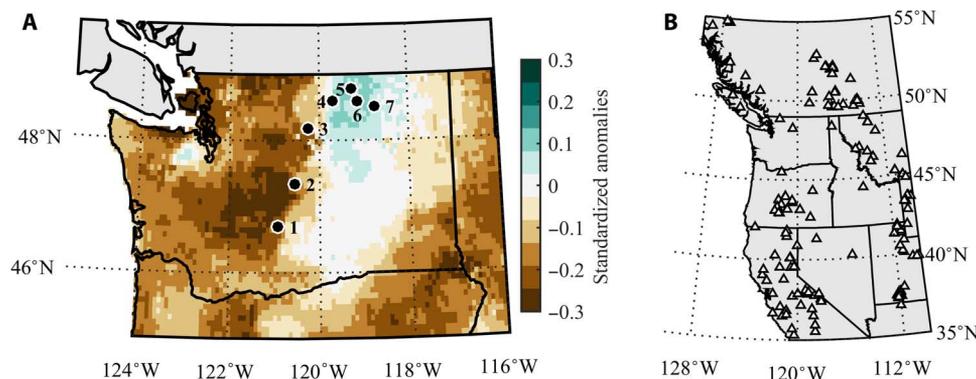


Fig. 1. Circulation-based tree-ring site development and additional tree-ring site locations. (A) Black circles show locations of seven new *Pinus ponderosa* (Ponderosa pine) tree-ring sites surrounding the Columbia River Basin in Washington, USA. We used a circulation-based field sampling strategy for developing chronologies in regions with contrasting responses to storm-track patterns. Map background shows cool-season precipitation anomalies in instrumental-period El Niño years when changing storm-track trajectories lead to reduced orographic effects and a contrasting climate response across the PNW. Precipitation data are from the Parameter-Elevation Regressions on Independent Slopes Model data set. (B) Chronologies from the ITRDB that maintain an expressed population signal of >0.85 over the time period of 1693 to 1995 CE and were tested for inclusion as predictors in the storm-track position and intensity reconstructions.

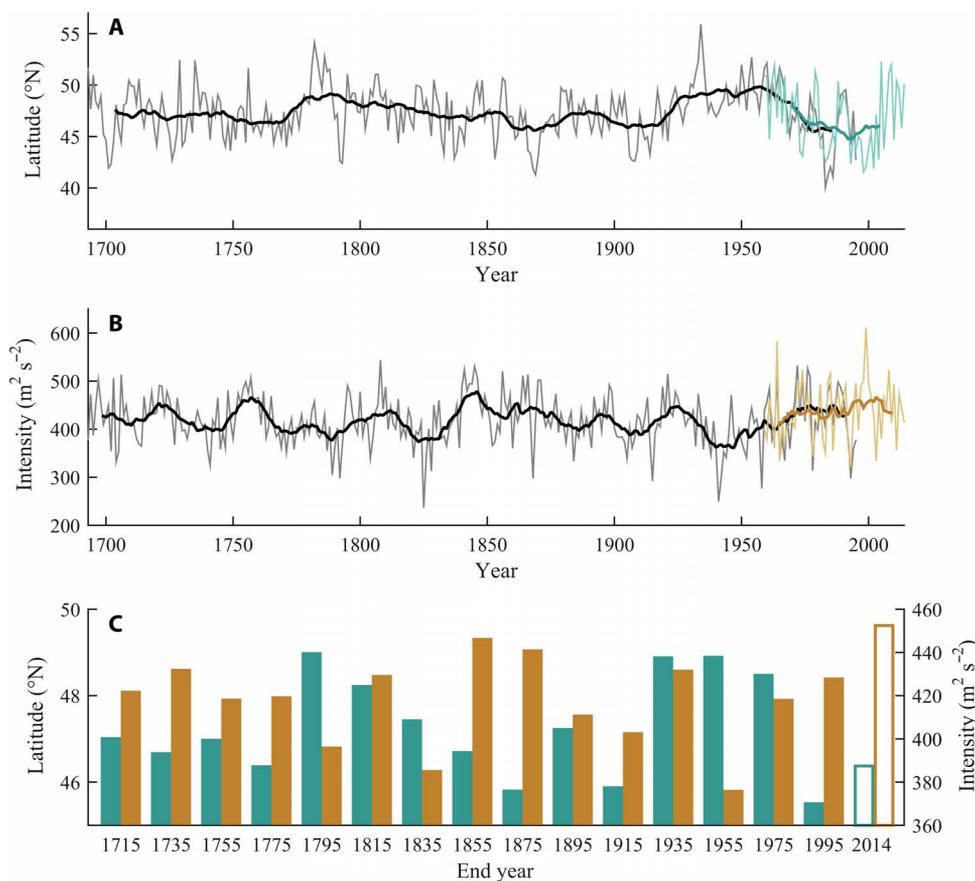


Fig. 2. Reconstruction of cool-season storm-track position from 1693 to 1995 CE. (A) Cool-season (October to March) observed (thin green) and reconstructed (thin gray) storm-track latitude at 124°W longitude with a 22-year moving average (thick green and black) to highlight longer-term variability at an important frequency band. (B) Cool-season (October to March) observed (thin brown) and reconstructed (thin gray) storm-track intensity at 124°W longitude with a 12-year moving average (thick brown and black) to highlight longer-term variability at an important frequency band. (C) Storm-track latitude (solid green) and intensity (solid brown) averaged over 20-year periods throughout the reconstruction. The final 19-year period (green and brown outlines) is based on instrumental, rather than reconstructed, data.

streamflow across western North America (19). The late 1920s to 1930s, in contrast, had high-intensity, north-shifted storm tracks and coincided with the “Dust Bowl” drought period (39, 40). A previous paleoclimate reconstruction of geopotential height patterns across the North Pacific identified a change in pressure patterns in the mid-1800s, coinciding with the end of the Little Ice Age, which was attributed to a shift from meridional to zonal flow (21). Results from this study (Fig. 2) indicate an increase in storm-track intensity at this time, and higher intensity was associated with zonal flow patterns over the reconstructed time period (fig. S4D).

To further examine the relationships between storm-track trajectories and drought over the preinstrumental period, we compared our storm-track reconstruction with an existing gridded reconstruction of Standardized Precipitation Index (SPI) developed using tree-ring chronologies from across western North America (41). The SPI, a unitless value expressing actual precipitation as standardized departure from the long-term probability distribution at a given time scale (in this case, 6 months), is considered particularly useful for comparisons across space (42, 43). We separated out grid cells in the SPI reconstruction representing the windward and leeward sides of the Cascades (fig. S6) to examine the patterns across the region that have been linked to storm

track-related changes in rain shadow effects. We calculated four subsets representing key spatial patterns: region-wide drought, region-wide wetness, leeward dry-windward wet, and leeward wet-windward dry. These patterns were relatively rare over the reconstructed time period, with 10 to 25 years in each of the four subsets. The region-wide drought subset included individual storm tracks that entered North America at the highest latitudes of all subsets (Fig. 3A), but this group also had the widest distribution of reconstructed storm-track latitudes at 124°W longitude (Fig. 3A and table S1), and the average latitude was not statistically distinct from all other subsets. These dry years featured primarily meridional trajectories from the northwest (Fig. 3A) but again with high variability between individual years. Widespread wet conditions, the least frequent category ($n = 10$), were associated with a more consistent storm-track path concentrated along the Washington coast (Fig. 3D). Years when the windward side had above average precipitation while the leeward side was drier than average (Fig. 3B), the most common of the four patterns, had consistently high reconstructed storm-track intensity (table S1). Storm tracks during those years were distinct from the opposing pattern (leeward wet-windward dry; Fig. 3C), which were of lower intensity and contained within a narrower, south-shifted latitudinal position (table S1). Although some of the years in this subset

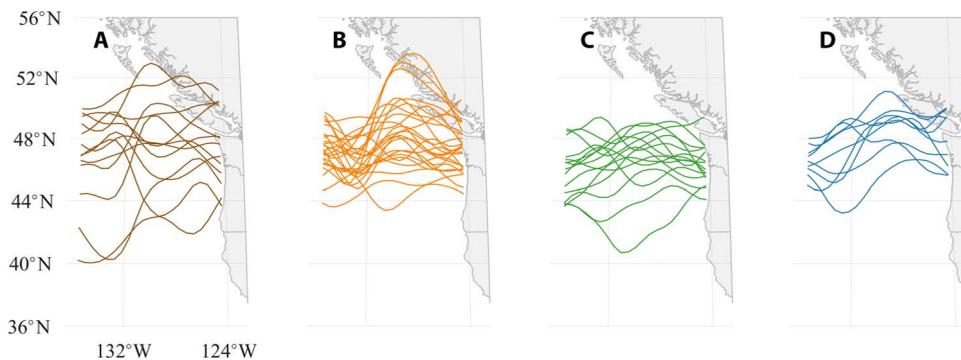


Fig. 3. Reconstructed storm tracks during years with anomalous precipitation patterns. SPI reconstruction (37) grid cells in the PNW representing the windward and leeward response regions of the Cascades (see fig. S6) were used to calculate four patterns of interest over the period of 1693 to 1995 CE: (A) both windward and leeward sides anomalously dry (75% of grid cells in each category with SPI of ≤ -0.8), (B) leeward side dry (75% of grid cells with SPI of < 0) and windward side wet (75% of grid cells with SPI of > 0), (C) leeward side wet (75% of grid cells with SPI of > 0) and windward side dry (75% of grid cells with SPI of < 0), and (D) both windward and leeward anomalously wet (75% of grid cells in each category with SPI of ≥ 0.8). Storm tracks were smoothed with a robust loess filter. See table S1 for additional data on reconstructed storm tracks for each pattern.

were associated with the strong southwesterly flow that would be expected to result in decreased rain shadow effects, other years maintained relatively zonal flow.

Shifts in storm-track trajectories into the PNW over the instrumental period have been linked to variable ENSO conditions, with storm tracks tending to enter the PNW from the southwest in El Niño years (22). Like storm track, it is important to understand the long-term context of ENSO for characterizing the variability possible within the system and how it may respond to global warming (44). Multiple ENSO proxy reconstructions exist for these purposes, but most rely entirely or in part on tree-ring records in teleconnected regions and may reflect variability unrelated to ENSO, particularly instabilities in teleconnections from the tropical Pacific (44, 45). Differences between existing ENSO reconstructions might also indicate that dating errors become a factor the further back in time the record extends (44, 45). Here, we compare our storm-track reconstruction with an annually resolved, NINO3.4 SST proxy reconstruction developed entirely from tropical coral and ice core records over a robust SST reconstruction period (1728 to 1995) in which uncertainties are low (44). We identified positive (El Niño) and negative (La Niña) years based on ± 1 SD over the annual period beginning the January before the reconstructed storm-track cool season and examined storm tracks under these different ENSO conditions (Fig. 4). We further compared results using alternative ENSO reconstructions derived from a variety of paleoclimate proxies and calibrated against a range of ENSO seasons (figs. S7 to S9 and table S2).

Although there was a wide range of storm-track trajectories in individual El Niño and La Niña years, storm tracks, on average, entered North America at lower latitudes in El Niño years (Fig. 4, figs. S7 to S9, and table S2), a pattern noted in the instrumental period (46). The trajectory of the individual storm tracks also varied between the subsets. Storm tracks during La Niña years were commonly associated with northwesterly flow into North America; in contrast, El Niño years had a zonal to southwesterly flow (Fig. 4). La Niña years were consistently associated with higher-intensity storm tracks (fig. S9 and table S2). Differences between reconstructed intensity and latitude at 124°W longitude during El Niño and La Niña years were all significant between the $P \leq 0.01$ and $P \leq 0.1$ levels, depending on which ENSO reconstruction was used for comparison (table S2). The SPI pattern in El Niño years was one of primarily dry conditions across the region but

with slightly wet conditions in the interior basin (Fig. 4), similar to the pattern detected over the instrumental period (Fig. 1).

DISCUSSION

One of the key functions that paleoclimate proxy data serve in climate studies is to help separate the anthropogenic climate change signal from the background noise of natural variability. Although important for many components of the climate system, this is particularly crucial for storm tracks, which are vital for energy and moisture transport, display uncertainty in models, and have a very short instrumental record (13, 17). Here, we have reconstructed the position and intensity of cool-season, midlatitude Pacific storm tracks into North America over the past three centuries with a sampling strategy designed to use the differential impacts of shifting westerly flow on precipitation patterns across the north-south-oriented Cascade Mountains. The results presented here allow us to place recent changes in the context of decadal and multidecadal variability across the long-term record. We show that storm-track intensity did increase through each 20-year period of the instrumental record but that the beginning of the instrumental record in the 1950s also coincided with a low point in the intensity cycle.

By linking SPI and storm-track trajectories across multiple centuries in this study, we gain a longer-term perspective on how changing storm tracks have altered patterns in precipitation extremes. The poleward shift and increased intensity in the storm track that have been projected by climate models (10, 47) would affect the windward and leeward sides of the Cascades differently based on the results presented in this study, which showed opposing responses to changes in storm-track latitude and intensity (table S1). However, it is difficult to directly compare past hydroclimatic impacts of storm-track variability to changes that may occur because of global warming. Future changes in the distribution of midlatitude precipitation extremes will depend on multiple drivers of atmospheric moisture transport (37), and the projected increase in available moisture for storms may affect storm-track intensity and resulting precipitation patterns in different ways than have been observed in the past (48). Storm-track changes projected under global warming scenarios may be influenced by enhanced warming at high latitudes, leading to a decreased surface temperature gradient and alterations in low-level baroclinicity (30, 48), and these changes could interact with

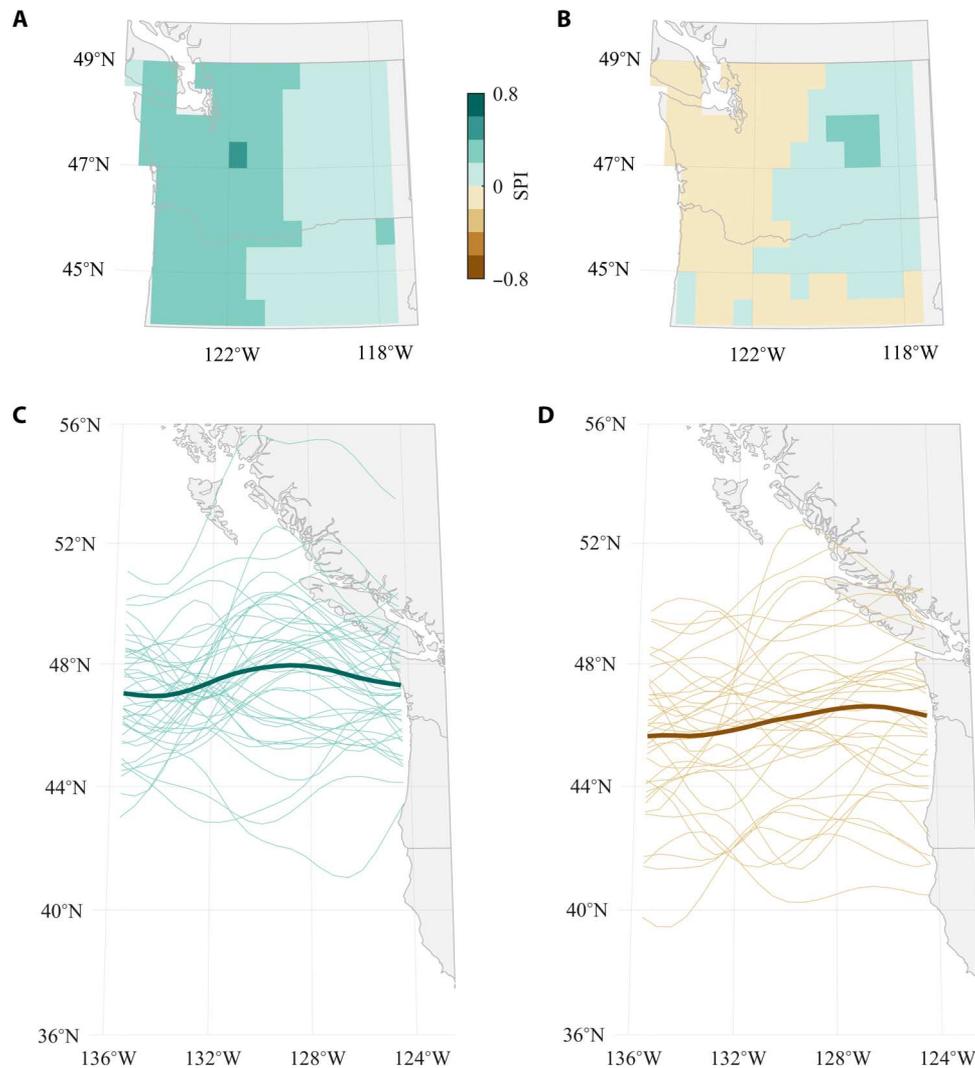


Fig. 4. SPI and storm track in La Niña and El Niño years from 1728 to 1995 CE. Composites of reconstructed SPI (37) (A and B) and yearly storm tracks smoothed with a robust loess filter (C and D) during La Niña (A and C) and El Niño (B and D) years, determined using the annual NINO3.4 SST reconstructed from tropical Pacific coral and ice core records (30). Years were characterized as El Niño or La Niña based on ± 1 SD from mean conditions over the annual period beginning the January before the reconstructed storm-track cool season (for example, storm track from October 1727 to March 1728 associated with NINO3.4 from January to December 1727).

the quasi-barotropic patterns thought to be a primary driver of past storm-track variability (4) in complex ways. Limitations for interpreting hydroclimatic impacts also arise from our examination of storm track as an average over the cool season in this study because this approach may not fully capture the impacts of each individual extratropical cyclone. This is particularly important when considering the effects of landfalling atmospheric river storms, which have been shown to contribute a large amount of seasonal precipitation in a short period of time along the U.S. West Coast (49).

ENSO has been a major focus of research concerning variability in moisture transport due to its influence on global climate patterns in general and to western North America drought in particular. Although many modeling (5, 50) and instrumental (51, 52) studies suggest that ENSO is a major control on the position of midlatitude storm tracks, other studies have found little relationship between ENSO and storm-track characteristics (3, 14). Here, we have added a paleoclimate dimension showing that El Niño and La Niña conditions, based on a

tropical proxy reconstruction of NINO3.4 SST and confirmed with alternative ENSO reconstructions, are associated with shifts in storm-track position and intensity over multiple centuries. The frequency analysis of reconstructed storm tracks likewise shows a clear ENSO signal; however, results of this analysis also support previous instrumental-period research, suggesting that much of the variability cannot be explained by ENSO alone. Additional bidecadal spectral power in the reconstruction of storm-track latitude points to the influence of the North Pacific, possibly through the influence of KOE SST, whereas low-frequency pentadecadal variability in storm-track intensity is consistent with instrumental-period linkages between storm-track intensity and changes in the AO.

Although our results show that recent changes in storm-track position and intensity are within the range of variability seen in these systems over the past several centuries, note that these findings are not inconsistent with future projections of global warming influences on storm tracks. The projected poleward movement of storm-track

position is seasonally dependent within the Northern Hemisphere and is expected to be weaker in the winter (13), which could dampen the effects seen in this cool-season study. The increase in intensity over the instrumental record may represent a warming-related increase amplified by natural decadal variability. The recent, extended instrumental-period intensity increase (Fig. 2) suggests that this change is approaching the upper bound of the natural cycle of variability. Given the potential for anomalous storm-track patterns to affect human and natural systems through changes in precipitation extremes, additional research to further investigate the drivers of storm-track changes will help advance the critical goal of reducing uncertainties in future storm-track response to climate change.

MATERIALS AND METHODS

Chronology development

We developed seven new *P. ponderosa* (Ponderosa pine) tree-ring sites in contrasting climate response areas encircling the western and northern portion of the Columbia River Basin in Washington, USA (Fig. 1A). At each site, 30 to 45 trees were sampled. Two or more cores were taken from each tree using a 5.15-mm increment borer. In the laboratory, cores were mounted and finely sanded. Each core was dated to the calendar year using the established dendrochronological technique of cross-dating (53). The individual rings (total ring width) of each dated core were measured using a Velmex measuring system. After checking for dating and measurement errors using the program COFECHA (54), the cores were detrended with a cubic spline two-thirds the length of each individual series, standardized, and averaged using Tukey's bi-weight robust mean to form site chronologies. Chronology mean sensitivities ranged from 0.26 to 0.33 and series intercorrelation from 0.59 to 0.71. The site chronology was considered robust when the SSS, a function of the sample size and between-tree correlation at the site, exceeded a threshold of 0.85 (27). All seven chronologies obtained SSS of >0.85 for the period of 1693 to 2011 CE (fig. S1).

In addition to the seven Washington chronologies, we obtained 159 tree-ring chronologies covering a larger geographic domain from the ITRDB. We chose chronologies west of 110°W longitude and between 35°N to 55°N latitude (Fig. 1B), which covers the full range of locations where the storm track entered North America during the instrumental period. The ITRDB chronologies were detrended and averaged using the same techniques as the newly developed Washington chronologies and were limited to those that were robust (expressed population signal of >0.85) over a period spanning (at minimum) 1693 to 1995 CE. This time period was then used for the reconstruction.

Storm-track reconstruction

Data from the high-resolution Japanese 55-year Reanalysis (JRA-55) climate data set (55) were used to calculate calibration data for the reconstruction. Trends in storm track derived from JRA-55 data over the instrumental period have been shown to be less biased than other reanalysis data sets (17). We derived average 1959-to-2014 cool-season (October to March) storm track from the monthly variance of the daily meridional component of wind (*v*-wind) at approximately 300 hPa after application of a first-difference filter (28, 29). Annual storm-track position was calculated as the latitude of maximum *v*-wind variance for each longitudinal transect, and cool-season storm-track intensity was calculated as the maximum *v*-wind variance for each longitudinal transect. We smoothed the annual storm-track positions using a robust loess filter with a 10% window length to reduce noise (fig. S3).

We reconstructed the storm-track position and intensity from 1693 to 1995 CE for each longitudinal transect from 150°W to 110°W using a CPS method. In the CPS approach, proxy time series are averaged to obtain a single index, which is then rescaled to match the mean and variance of the target climate variable over the instrumental period (31). This method has been successfully deployed to reconstruct past climate using tree rings (56, 57) and multiproxy data sets (58, 59). For each CPS model, we prescreened all chronologies to retain only those that were significantly correlated with the storm-track time series, performed a principal components analysis using singular value decomposition on the correlation matrix of the chronologies, and retained the first *n* principal components (PCs) that explained at least 75% of the variance of the tree-ring data set. We composited these PCs into a single index using a weighted average, where the weight was determined on the basis of the amount of variance explained in a linear relationship between each PC and the instrumental storm-track data. Storm-track position and intensity were then reconstructed by scaling the composite tree-ring PC index to match the mean and variance of the instrumental storm track over the instrumental period.

We assessed the quality of the reconstruction using leave-one-out cross-validation, in which each year of the instrumental period was successively withheld from model calibration and the model-predicted value for that year was retained to validate the model. We evaluated the withheld storm-track position and intensity estimates using the coefficient of determination (r^2), the root mean square error, and the coefficient of efficiency (60), each calculated over the time period of 1959 to 1995 (fig. S2). We fit a straight line (using ordinary least squares regression) to the reconstructed storm track over the 136°W to 124°W region and used the latitude of the linear storm track at 124°W longitude (which approximates the western coast of the PNW) to assess long-term variation in storm-track position. To evaluate the contribution that our circulation-based field sampling strategy made to this reconstruction, we calibrated CPS models of storm-track position while withholding the seven newly developed chronologies, assessed the performance of these models using leave-one-out cross-validation, and compared the ITRDB-only CPS model performance to those that included both the ITRDB and the new chronologies. We analyzed the dominant frequency modes in the normalized reconstructed storm-track data using the MTM of spectral analysis in the SSA-MTM Toolkit (www.atmos.ucla.edu/tcd/ssa/), tested against a red-noise null hypothesis and reshaped to remove harmonic signals (fig. S5) (32, 61).

Comparison with SPI and ENSO reconstructions

To compare the reconstructed storm track with hydroclimate patterns in the PNW, we used an existing spatial reconstruction of SPI (41) available through the National Centers for Environmental Information (NCEI) paleoclimate data repository. This 6-month (October to March) SPI reconstruction is on a $0.5^\circ \times 0.5^\circ$ grid across the U.S. West Coast states over the time period of 1500 to 2013 CE. We selected robustly verified (coefficient of efficiency of >0) grid points representing the windward and leeward sides of the Cascade Mountains (fig. S6) and derived four categories of hydroclimatic patterns (Fig. 3): (i) both windward and leeward sides anomalously dry (75% of grid cells in each category with SPI of ≤ -0.8), (ii) leeward side dry (75% of grid cells with SPI of <0) and windward side wet (75% of grid cells with SPI of >0), (iii) leeward side wet (75% of grid cells with SPI of >0) and windward side dry (75% of grid cells with SPI of <0), and (iv) both windward and leeward anomalously wet (75% of grid cells in each category with SPI of ≥ 0.8). The number of years matching the criteria for each of these

categories ranged from 10 to 25 years, and each of the individual storm tracks for those years is mapped in Fig. 3. We calculated the means and SDs of reconstructed latitude and intensity at 124°W longitude for each category and tested the statistical significance of the differences between groups (based on two-sample *t* tests) and among all groups [based on analysis of variance (ANOVA) tests] (table S1).

For a multicentury comparison with ENSO, we obtained a reconstruction of annual NINO3.4 SST derived from coral and ice core records in the tropical Pacific region (44). We identified positive (El Niño) and negative (La Niña) years based on ± 1 SD from average NINO3.4 over the annual period beginning the January before the reconstructed storm-track cool season (for example, storm track from October 1727 to March 1728 associated with NINO3.4 SST from January to December 1727), which resulted in 37 El Niño years and 43 La Niña years over the robust time interval of the reconstructions' overlap period (1728 to 1995 CE) (44). We then mapped composited SPI patterns and yearly and mean storm-track trajectories over the El Niño and La Niña years (Fig. 4). We calculated average storm-track latitude and intensity for La Niña, neutral, and El Niño years (defined as < -1 SD, $\geq -1/2$ SD and $\leq +1/2$ SD, and $> +1$ SD, respectively) using multiple versions of ENSO reconstructions that were derived from different calibration seasons and paleoclimate proxy types (table S2), and we mapped mean storm-track trajectories over El Niño and La Niña years in one of the alternative ENSO reconstructions for comparative purposes (fig. S7). The statistical significance of ENSO differences was assessed using a two-sample *t* test of the null hypothesis that the El Niño and La Niña storm tracks were sampled from distributions with equal means and variances (table S2 and figs. S8 and S9).

SUPPLEMENTARY MATERIALS

Supplementary material for this article is available at <http://advances.sciencemag.org/cgi/content/full/3/6/e1602263/DC1>

- fig. S1. Tree-ring chronologies for seven sites in the U.S. PNW.
 fig. S2. Validation statistics for the storm-track reconstruction at each longitude.
 fig. S3. Delineation of the storm track in an example year (1988).
 fig. S4. Extremes in latitude and intensity in reconstructed storm tracks over the reconstruction period of 1693 to 1995 CE.
 fig. S5. Spectral power in the storm-track reconstructions.
 fig. S6. Grid cells representing windward and leeward regions across the Cascade Range.
 fig. S7. Storm track in La Niña and El Niño years based on an alternative ENSO reconstruction from 1693 to 1995 CE.
 fig. S8. Distribution of reconstructed storm-track position in La Niña and El Niño years.
 fig. S9. Distribution of reconstructed storm-track intensity in La Niña and El Niño years.
 table S1. Reconstructed storm-track latitude and intensity in years with anomalous precipitation patterns.
 table S2. Reconstructed storm-track latitude and intensity in La Niña and El Niño years based on multiple ENSO proxy reconstructions.
 References (44, 45, 62, 63)

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