Urbanization-induced population migration has reduced ambient PM$_{2.5}$ concentrations in China

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Direct residential and transportation energy consumption (RTC) contributes significantly to ambient fine particulate matter with a diameter smaller than 2.5 µm (PM$_{2.5}$) in China. During massive rural-urban migration, population and pollutant emissions from RTC have evolved in terms of magnitude and geographic distribution, which was thought to worsen PM$_{2.5}$ levels in cities but has not been quantitatively addressed. We quantify the temporal trends and spatial patterns of migration to cities and evaluate their associated pollutant emissions from RTC and subsequent health impact from 1980 to 2030. We show that, despite increased urban RTC emissions due to migration, the net effect of migration in China has been a reduction of PM$_{2.5}$ exposure, primarily because of an unequal distribution of RTC energy mixes between urban and rural areas. After migration, people have switched to cleaner fuel types, which considerably lessened regional emissions. Consequently, the national average PM$_{2.5}$ exposure concentration in 2010 was reduced by 3.9 µg/m$^3$ (90% confidence interval, 3.0 to 5.4 µg/m$^3$) due to migration, corresponding to an annual reduction of 36,000 (19,000 to 47,000) premature deaths. This reduction was the result of an increase in deaths by 142,000 (78,000 to 181,000) due to migrants swarming into cities and decreases in deaths by 148,000 (76,000 to 194,000) and 29,000 (15,000 to 39,000) due to transitions to a cleaner energy mix and lower urban population densities, respectively. Locally, however, megacities such as Beijing and Shanghai experienced increases in PM$_{2.5}$ exposure associated with migration because these cities received massive immigration, which has driven a large increase in local emissions.

INTRODUCTION

Air pollution in China causes 1 million premature deaths each year and ranks first among many environmental concerns in terms of health (1–3). Among various sources that are attributable to air pollution, direct energy consumption in residential and transportation sectors (referred to as “RTC” in this study) contributes significantly to the emissions of air pollutants, such as carbon monoxide (CO), nitrogen oxide (NO$_x$), sulfur dioxide (SO$_2$), black carbon (BC), organic carbon (OC), and benzo[a]pyrene (4–8).

Unlike emissions from other sources, emissions from RTC are determined by the time, location, and intensity of residents’ daily activities and, therefore, are spatially correlated with population distribution. Given the same level of emissions, RTC emissions are associated with higher levels of population exposure compared to other sources, because of their proximity to people (9, 10). Hundreds of millions of people have moved into cities over the past three decades of rapid urbanization in China (11). This massive rural-urban migration has significantly altered the spatial distribution of RTC emissions and population exposure for multiple reasons. First, rural-urban migration is associated with a spatial relocation of RTC pollutant emissions from rural areas to cities. The tendency of both emissions and the number of population exposed to these emissions to increase in cities has important impacts on public health. Second, the amount of per-capita RTC emissions tends to be reduced by migration because the migrating population transitions to a cleaner energy mix. For example, most migrants abandon the use of biomass fuel after settling down in cities and, instead, use energy sources or fuels that emit fewer air pollutants (11, 12). These two processes are competitive in terms of population health.

Specific influences of rural-urban migration on pollutant emissions and health consequences have not been quantified to date in China, mainly due to the lack of long-term spatially explicit data. Here, we analyze the influence of the massive rural-urban migration on pollutant emissions from RTC sources and population exposure to these emissions from 1980 to 2012 in the country. We chose the year 1980 as the beginning of our study period because it corresponds to the date when urbanization started to accelerate following the initiation of the Chinese economic reform and opening policy (11). We then evaluate the resulting health impacts during the same period and forecast the likelihood changes in these health impacts to the year 2030. We only focus on RTC emissions. Influences of migration on other pollution sources and the subsequent health impacts are beyond our scope.

RESULTS

Integrated model framework

Rural-urban population migration is associated with urban land expansion, increased urban RTC emissions, decreased rural RTC emissions, and increased number of people being exposed to polluted urban air. The impact of migration is thus a combined consequence of different changing factors (Fig. 1). On the basis of accountability analyses (13), we carry out model simulations for two scenarios to evaluate the impact of migration. One is the real-world scenario that considers all historical and future-projected changes in population distribution and RTC emissions.
energy mix during the study period from 1980 to 2030. The other is a counterfactual scenario that assumes that no migration happened since 1980. In this scenario, the per-capita urban and rural RTC energy mixes for a given year are consistent with those in the real-world scenario, but the proportions of urban population are increasingly lower over time. We evaluate the net impacts of migration based on cross-sectional comparisons of the total RTC energy mixes, pollutant emissions, particulate matter with a diameter of 2.5 μm or less (PM$_{2.5}$) concentrations (primary and secondary), and premature deaths between the two scenarios. We find that the disparity between urban and rural RTC energy mix is critical because it determines how much rural emissions will be decreased by migration compared to the increase in urban emissions (Fig. 1; discussed in detail in subsequent sections). To quantify the assessment, we characterize the urban and rural RTC per capita and total energy mixes, the geographical distributions of rural-urban migration, emissions of primary PM pollutants and secondary PM precursors, and population exposure to ambient PM$_{2.5}$. We investigate their changes over time using remote sensing data, air quality monitoring data, official statistical data, and questionnaire survey data. We use a series of energy statistical models, an air quality model, and a Gaussian downscaling method to integrate these data for evaluation. We conduct comprehensive sensitivity and uncertainty analyses to address the uncertainty in the emission estimation, air quality modeling, and health risk assessment. A detailed description of this integrated model framework is provided in Materials and Methods.

**Changes in population**

On the basis of the unique registration system (hukou) of citizens in China, urban population can be classified into three categories: (i) OUs, old urban residents registered with urban hukou before 1980; (ii) NUs, new urban residents who are rural-urban migrants and got an urban hukou after 1980; and (iii) MUs, unregistered rural-urban migrants who live in cities without an urban hukou. When rural residents (RRs) who live in rural areas migrate to cities, they become either NUs or MUs, depending on whether they can get an urban hukou. With a hukou, NUs have a lifestyle similar to that of OUs, and their energy mix changes accordingly. By contrast, MUs who do not have an urban hukou have limited access to urban energy infrastructure, social welfare, and other city services. Our surveys show that the energy mix of MUs is very different from that of OUs and NUs, and because they lose access to biomass fuels when they move to the city, MUs use an energy mix different from that of the RRs as well (12).

From 1980 to 2013, the urbanization rate in China, equal to (OU + NU + MU)/(OU + NU + MU + RR), rapidly increased from 19.4 to 53.7% (11). Fractions of OUs, NUs, MUs, and RRs changed markedly (Fig. 2A), coincident with an increase of 380 million in the total population. The total number of rural-urban migrants (NU + MU) increased from virtually zero in 1980 to 485 million in 2013, split between 341 million NUs and 144 million MUs. Consequently, the population distribution shifted from low-density rural areas to high-density urban areas (Fig. 2B). It is predicted that another 254 million RRs, including 38 million MUs, will settle in cities, pushing the urbanization rate up to 70% by 2030 (14, 15). Meanwhile, from 1980 to 2013, the total number of OUs remained relatively constant because of their very low birth rate, which was constrained by the one-child policy (16). The population in rural areas, where out-migration surpassed increasing net birth rates, decreased since the early 1990s.

We recognize urbanization as a phenomenon that manifests in terms of both increasing urban population and expanding urban land cover across the landscape (see Materials and Methods and figs. S1 and S2). We find that urban areas increased from less than 0.4% of the total country area in 1980 to 1.7% in 2013 (Supplementary Materials). The urban area fraction is projected to reach almost 3% in 2030 (Fig. 2C). The increase of urban area accelerated after around 2007, when the mean annual income of urban residents reached US$2000 per capita (in constant 2005 US$) and real estate started to boom (11). Because of higher income and the stronger demand for larger floor area per capita and more public space (11), urban area increased at a faster pace than urban population, leading to an overall decrease in urban population density (Fig. 2C).

**Changes in RTC energy mix**

Because of differences in lifestyle, income, and access to various energy resources, RTC energy mixes differ between urban and rural dwellers. We combine OUs and NUs as a single urban resident (UR) group because NUs attain a social status similar to that of OUs as a...
result of their hukou registration and the two groups’ energy mixes are expected to be comparable. By analyzing energy mixes of the three groups (URs, MUs, and RRs), we find that, in China, RRs still rely on biomass fuels (72% in 2010; see Materials and Methods), including crop residue and firewood, and their per-capita energy consumption is high (Fig. 3A) because of the low efficiency of biomass fuel combustion. URs use a large quantity of fuel oil for transportation, and their per-capita energy consumption is the highest among the three groups. MUs have the lowest per-capita consumption among the three groups. The per-capita energy consumption of URs and MUs in the north of China is higher than that in the south, mainly due to their greater use of coal and heat. Nevertheless, our questionnaire survey showed that MU households in northern China are still underheated. Sixteen percent of the MUs in Beijing do not heat their home in winter at all, relying only on electric blankets (12). The MU energy mix is very different from the UR energy mix in northern China, where more coal and less gas and heat are used by MUs (Fig. 3A) as a result of limited access to natural gas distribution networks and centralized heating systems (12). In general, differences in socioeconomic status yield large disparities in RTC energy mixes between URs and RRs; MUs represent a transition stage from the solid fuel-dominant rural energy mix to the clean fuel-dominant urban energy mix.

Driven by important economic changes, the RTC energy mix has changed rapidly since 1980. We find differential changing patterns between URs and RRs, as is shown in fig. S3 where we plot the per-capita RTC consumption against the per-capita gross domestic product (GDP_cap) using provincial-level statistical data from 1980 to 2012. Although the per-capita consumption of clean energy (all fuel types excluding solid fuels) among both URs and RRs, except heat, which is not available in rural areas, has increased as GDP_cap increases, the consumption of RRs started at a much lower level and would only catch up with that of URs when GDP_cap reached a value of around US$10,000 (in constant 2005 US$) (fig. S3). In rural China, both liquefied petroleum gas (LPG) and electricity have been progressively adopted for cooking because of their low prices (17) and high accessibility due to the adequate power grid and road networks. In 2009, 99.4% of villages were connected with paved roads (18), and in 2013, 99.6% of rural residences were connected to electric grids (19). Meanwhile, the per-capita solid fuel consumption decreased rapidly in urban areas but remains almost constant in rural areas between 1980 and 2012 (fig. S3). Encouraging the transition from coal and biomass to other energy sources is the biggest challenge in promoting clean energy in rural China. Because of data limitations, there is more uncertainty in the trends of the energy mix of MUs.
than the other two groups of people. Here, we use the data from Ru et al. (12), which indicate that the MU energy mix changed much more slowly during the last three decades than the UR, likely due to the former’s unchanged social status and living conditions.

The total RTC energy mixes of URs and RRs show very distinct patterns over time (Fig. 3, B to D). For the URs, the consumption of all fuel types except coal has increased markedly after the mid-2000s because of the increase of per-capita energy use (accounting for 65% of the overall increase) and the increase of UR population (34%). For the RRs, there is no significant change in the total amount of energy consumption because the decrease in biomass consumption is nearly compensated by the increase in the consumption of electricity and LPG. Compared to the gradual transition of the rural energy mix, the energy mix in urban areas has been shifting faster toward a higher share of clean fuels since the early 1990s. Because of the fast energy transition in the urban area and the increasing proportion of urban population due to population migration, RTC energy consumption in China has increased at a fast pace with the energy structure shifting from being solid fuel-dominated (95% in 1980) toward becoming cleaner energy-dominated (62% in 2013). Population migration has facilitated this process by providing more people with easier access to clean fuels. According to our estimate, without the three decades-long migration, solid fuel would still be the dominant fuel type, accounting for 60% of the total RTC energy consumption today (see Materials and Methods). Our findings suggest that population migration and associated policies will continue to drive the energy demand and, to a large extent, the energy mix in the decades to come.

Influences of population migration on pollutant emissions and PM\(_{2.5}\) concentrations

On the basis of the per-capita energy mix (Fig. 3), we estimate the per-capita emissions of primary PM pollutants and secondary PM precursors among the URs, MUs, and RRs (see Materials and Methods for the emission estimation and spatial allocation, and note that emissions from electricity consumption are spatially allocated to the locations of individual power plants). Disparities in the RTC energy mix among the three groups lead to differential pollutant emission profiles (Fig. 4).

For \(\text{SO}_2\), which has a higher emission factor (EF; defined as the emission per unit energy consumption) for electricity, which is generated predominantly by coal-fired power plants in China, than for other fuel types, the per-capita emissions of URs and MUs are higher than those of RRs because of the higher share of electricity consumption of URs and MUs. For \(\text{NO}_x\), which has high EFs for both electricity consumption and transportation, the per-capita emissions of URs are the highest. For most other pollutants, including all primary PM pollutants and other secondary PM precursors, solid fuels have a much higher EF than other fuel types. Therefore, RRs have the highest per-capita emissions because of their higher share of solid fuels. Therefore, except for \(\text{SO}_2\) and \(\text{NO}_x\), the direct result of the migration from rural to urban areas is an overall reduction in emissions of most PM-related pollutants.

The massive rural-urban migration and the changes in the energy mix of migrants as they settle in urban areas have caused remarkable changes in the pollutant emissions and PM\(_{2.5}\) concentrations across China. Given the higher health concerns from PM\(_{2.5}\), we show here the changes in the PM\(_{2.5}\) (primary) emissions and the PM\(_{2.5}\) (primary + secondary) concentrations in 2010 caused by population migration between 1980 and 2010 (see Materials and Methods). In rural areas, decreases in the population due to out-migration to urban areas have caused an annual reduction of 2.8 Tg in PM\(_{2.5}\) emissions from RTC sources. In the meantime, there has been a corresponding increase in PM\(_{2.5}\) emissions in the urban areas but of a considerably smaller magnitude owing to the newly arriving migrants upgrading their energy mix. We estimate that the increase in urban PM\(_{2.5}\) emissions was 0.5 Tg, which equated to only 18% of the reduction in rural emissions. Hence, there was a net reduction of 2.3 Tg in PM\(_{2.5}\) emissions in 2010, owing to the rural-urban migration. Transitions of RRs to NUs and MUs contributed 70 and 30%, respectively, to the net emission reduction.

Spatially, all cities showed an increase in PM\(_{2.5}\) emissions due to migration, with a higher level of the emission increase occurring in megacities across China and most cities in the North China plain (Fig. 5A). On the other hand, PM\(_{2.5}\) emission per unit urban area decreased in most cities because the extent of the cities expanded faster than their urban PM\(_{2.5}\) emissions did. The few exceptions

Fig. 4. Per-capita RTC emissions of primary PM pollutants and secondary PM precursors in China by fuel. Per-capita RTC emissions of RRs (A), MUs (B), and URs (C). The axis ranges of different pollutants are different, as shown in the legend. The per-capita emissions shown in the graphs are national averages in 2010. See figs. S4 and S5 for the per-capita emissions in 1990 and 2030. NMVOC, non-methane volatile organic compounds; TSP, total suspended particulate matter.

were mostly located in the southwest, where the increase in urban area was slower than the increase in migration-induced urban emissions. The relative change in the rural area is much smaller than that in the urban area, considering that, in China, a 100% increase in the urban area corresponds to a 0.6% decrease in the rural area. Thus, the loss of rural population directly led to the decrease in rural population density. Both rural PM$_{2.5}$ emission and PM$_{2.5}$ emission density decreased accordingly. This is particularly true for the regions that contributed dominantly to the out-migration of migrants such as Sichuan and Anhui provinces. Unlike the primary PM$_{2.5}$ emissions, the emissions of the secondary PM precursors, including SO$_2$ and NO$_x$, slightly increased in response to migration due to their higher per-capita emissions among the urban population, as mentioned above.

Considering all PM-related pollutants, we evaluate the migration-induced change in PM$_{2.5}$ concentration (primary + secondary) in 2010 across China at a 5-km × 5-km spatial resolution, which is fine enough to capture the urban and rural changing patterns separately (see Materials and Methods) (Fig. 5B). In rural areas, population migration has caused a pervasive reduction in PM$_{2.5}$ concentrations over the central and eastern part of China. In most urban areas, decreases in background concentrations surpassed the influence of increased local emissions, leading to an overall improvement in urban PM$_{2.5}$ concentrations as well. In contrast, megacities, including Beijing, Tianjin, Shanghai, and Guangzhou, experienced increases in PM$_{2.5}$ concentrations because these cities are the major destination of migrants; that is, even with the reduction in background concentrations, the numbers of migrants were so large that, overall, the PM$_{2.5}$ concentrations were significantly elevated owing to the migration-induced increase in local emissions.

**Influences on exposure and health**

By analyzing the difference in simulated exposure to PM$_{2.5}$ before and after migration, we find that the overall population exposure to PM$_{2.5}$ has decreased because of the migration-induced change in RTC emissions. For example, the national average exposure concentration was 58.6 µg/m$^3$ in 2010. It would have been 62.5 µg/m$^3$, had the rural-urban migration not happened and the migrants still relied on rural RTC mix in their rural households. A direct consequence of this difference has been an annual reduction of 36,000 (90% confidence interval, 19,000 to 47,000) premature deaths in China in 2010 and a cumulative reduction of 450,000 (195,000 to 490,000) premature deaths from 1980 to 2010 (see Materials and Methods), indicating a health benefit from the three decades of migration. Migration benefited both urban and rural populations; the reduction in the exposure concentrations was 7.2 µg/m$^3$ (5.0 to 11.4 µg/m$^3$) and 7.4 µg/m$^3$ (5.7 to 10.0 µg/m$^3$) in urban and rural areas, respectively. The reason why the reduction in urban and rural areas is comparable is that, as urban areas expanded, surrounding areas with lower levels of concentrations were included in the assessment of urban exposure and contributed to an additional reduction in the calculated exposure level. Our findings indicate that the migration-induced reductions in PM$_{2.5}$ exposure concentrations over China essentially started from the early 1990s; these reductions are expected to reach up to 8.8 µg/m$^3$ by 2030, doubling the current benefits on air quality and health (fig. S6).

Although the total PM$_{2.5}$ (primary + secondary) concentration decreased with migration, secondary PM$_{2.5}$ did not decrease simultaneously. Instead, we find steady increases in secondary PM$_{2.5}$ caused by migration in the metropolitan areas of the Pearl River Delta (3.8 µg/m$^3$), Beijing-Tianjin-Tangshan (1.3 µg/m$^3$), and the Yangtze River Delta (1.2 µg/m$^3$) as a result of increased emissions of secondary PM precursors such as NO$_x$ and SO$_2$ from power generation and motor vehicles. This is consistent with the recent observations showing that secondary aerosols are playing an increasingly prominent role in urban air degradation in China (20, 21).

Simulated changes in PM$_{2.5}$ (primary + secondary) concentrations in the urban areas across China varied from −30 to 5 µg/m$^3$ (Fig. 6). We find that the exposure reduction is related to both socioeconomic and climatic factors. The migration-induced decline in the PM$_{2.5}$ exposure is
more pronounced in cities with a moderate level of GDPcap (Fig 6A). Both the least-developed and the most-developed cities benefit much less from the migration in terms of reduced PM$_{2.5}$ exposure. The least-developed cities attract few migrants, whereas the most-developed ones must cope with massive migration such that population densities remain high, precluding any reduction in exposure. Another important factor affecting the change in exposure during migration is the number of heating degree day (HDD) (Fig. 6B) (22). Higher HDD is associated with a smaller reduction in PM$_{2.5}$ concentration because, in cities in colder climates, new migrants use relatively more energy for heating compared to those in cities in warmer climates. Coal, a type of solid fuel that emits more pollutants, is usually used by migrants as an alternative fuel when other heating options are not available.

**Fig. 6. Changes of PM$_{2.5}$ exposure concentrations in urban areas of individual cities as a result of population migration in 2010.** Each bubble represents an individual city. The areas of the bubbles are proportional to urban population in the city. The shades of the bubbles represent the increase in urban population since 1980. (A) Relationship between the migration-induced change in PM$_{2.5}$ exposure concentrations with GDPcap. (B) Relationship between the migration-induced change in PM$_{2.5}$ exposure concentrations with HDD.

Attribution to individual migration-related and non–migration-related factors
Our evaluation showing the reduction in ambient PM$_{2.5}$ in 2010 is based on the simulation of a counterfactual scenario by excluding the migration and the change in RTC emissions caused by migration alone. However, other factors that are not related to migration, such as population growth and the increase in per-capita energy consumption, can also affect energy-related emissions and PM$_{2.5}$ concentrations. When considering the overall change of emissions from RTC, we find an increasing trend of ambient PM$_{2.5}$ concentration during the last three decades (fig. S6). To compare the migration-induced effects with other factors, we involve all of the changes in RTC sources, derive four factors that are unrelated to migration and five that are related, and evaluate their incremental effects on emissions, exposure concentrations, and mortality during the study period. The four factors unrelated to migration are population growth (N1), increase in per-capita RTC energy use (N2), change in RTC energy mix due to improvement in living conditions (N3), and decrease in EFs due to technology development (N4). The five migration-related factors are relocation and energy mix shift of the NU group (U1 and U2) and the MU group (U3 and U4) and urban area expansion (U5) (see Materials and Methods). We find that the exposure to PM$_{2.5}$ is enhanced by factors N1, N2, U1, and U3, whereas they are reduced by factors N3, N4, U2, U4, and U5.

The influences of these nine factors on PM$_{2.5}$ emissions, PM$_{2.5}$ exposure concentrations, and annual deaths from exposure to ambient PM$_{2.5}$ in 2010 are presented in Fig. 7. Of the four non–migration-related factors, the increase of per-capita energy use leads to a marked increase in the exposure in both urban and rural areas, given that per-capita RTC energy consumption has increased by 49.6 and 64.2% in urban and rural China, respectively (11). On the contrary, exposure concentrations are brought down by EF reductions due to advances in technology. For example, the EFs of PM$_{2.5}$ for cars have been reduced by 80% during the study period, along with continuously tightened regulations (23). In addition, stove improvement campaign has significantly increased the efficiency of millions of stoves in rural China (24). The overall consequence of all non–migration-related factors was an exposure increase of 7.8 µg/m$^3$ (6.0 to 10.6 µg/m$^3$) between 1980 and 2010.

Among the migration-related factors, spatial relocation and shift in energy mix of NUs contribute the most to the increase and decrease in the exposure, respectively, primarily in urban areas. The influence of the energy mix change for MU is important, although to a lesser extent. In addition, the decrease in the urban population density caused by urban expansion is also responsible for the reduction in the urban PM$_{2.5}$ exposure concentration. In terms of population health, the spatial relocation of migrants (U1 + U3) was responsible for an increase of 142,000 (78,000 to 181,000) deaths in 2010, whereas the energy mix change (U2 + U4) and urban expansion (U5) led to decreases of 148,000 (76,000 to 194,000) and 29,000 (15,000 to 39,000) deaths, respectively. The overall consequence of all migration-related factors was a reduction in exposure of 3.9 µg/m$^3$ (3.0 to 5.4 µg/m$^3$) and a decrease in premature deaths by 36,000 (19,000 to 47,000) in China in 2010.

The urban and rural populations have benefited differently from the rural-urban migration. For example, relocation of MUs (U1) led to a large increase in PM$_{2.5}$ exposure concentration (35.6 µg/m$^3$) in the urban areas but a small decrease (−0.6 µg/m$^3$) in the rural areas, whereas the shift in the energy mix of MUs (U2) caused a reduction of 33.4 and 4.8 µg/m$^3$ in exposure concentrations in the urban and rural areas, respectively. In general, effects of various migration-related factors are more pronounced in the urban areas owing to relatively high population and emission densities compared to those in the rural areas. Without migration, the overall change in emissions from RTC would have led to an increase of 7.8 µg/m$^3$ in population exposure to ambient PM$_{2.5}$
between 1980 and 2010 in China. Given that the consequence of all
migration-related factors is a decrease of 3.9 μg/m³ in exposure to am-
bient PM$_{2.5}$, migration has compensated for 50% of the increase in
PM$_{2.5}$ exposure concentration on a national scale.

**DISCUSSION**

Focusing on RTC sources, our study reveals that rural-urban migration
is a unique process in China that has reduced the national overall PM$_{2.5}$
concentration and exposure of population to PM$_{2.5}$ during the last
30 years despite the increase in both urban emissions and population
being exposed to urban air. The fundamental causation comes from the
uneven distributions of clean fuel accessibility for RTC between urban
and rural areas, which is typical of China and other developing
countries. The observed migration has bridged the transition from solid fuel–
dominant rural energy mix to clean fuel–dominant urban energy mix,
leading to a reduction in pollutant emissions and improvement of re-
gional air quality.

Still, issues regarding migrants remain. In particular, MUs lack
access to clean fuel sources because of the hukou registration system.
They do not only end up contributing significantly to the emissions
of air pollutants, which the entire urban population is exposed to, but
also live in the so-called urban villages where air quality is often worse
than other parts of the cities (25). This is particularly true in the northern
cities where many of the MUs still rely on coal stoves for heating in
winter (12). With the current hukou registration system in operation, it
is almost impossible to provide them with better alternatives. A reform
of this system has been discussed in a number of cities without much
progress toward a solution (26). New strategies against this deep-rooted
hukou system should be developed to diminish the socioeconomic sta-
tus and welfare disparities between registered and unregistered urban
residents. In addition, construction of urban energy infrastructure that
can balance the RTC energy mix between registered and unregistered
residents would remarkably improve urban air quality.

In China, as elsewhere in the world, cities experiencing rapid growth
and economic development often face severe air pollution issues (27).
Our study reveals that rural-urban migration is an important factor
leading to air pollution in large cities that attract many more migrants
than smaller cities do. Migration factors into the degradation of air quality
in those cities because of significant increases in local pollutant emis-
sions. Urban land expansion can help reduce population densities and
exposure concentrations, only if it can be managed well, given that land
is precious in China for sustainable agricultural and ecological conser-
vation (28, 29). A recent study found that urban density can influence
energy use as much as efficiency improvements such as transitioning
to cleaner energy mixes (30). From orderly urban expansion to im-
provements in transportation system to upgrading the RTC energy mix
and industrial-residential codevelopment (31, 32), there are op-
tions available for urban planning and governance to comprehensively
address air quality issues in the context of rural-urban migration.
Effectively harnessing the air quality dividends from rural-urban migra-

**MATERIALS AND METHODS**

**Quantification of China’s urban expansion from 1980 to 2030**

Although numerous studies have focused on urbanization in China, a
comprehensive geospatial data set recording urban expansion since
the beginning of China’s reform and opening up is still lacking. Spati-
ally, to extract urban areas (or built-up areas), we used two types of
data sources, including the remote sensing data and the nighttime
light (NL) data. The former is represented by the Landsat Multi-
spectral Scanner System, Thematic Mapper, and Enhanced Thematic
Mapper, and the latter is represented by the Defense Meteorological
Satellite Program’s Operational Linescan System (DMSP OLS) (33, 34).
However, the Landsat data are limited by the spatial coverage and
labor-consuming extraction procedures, whereas the NL data are
limited by the spatial uncertainty and temporal coverage (recorded
only after 1992). Here, we combined these two sets of data to extract
urban expansion across China from 1980 to 2012. The future projection
used here was derived according to future urban expansion forecasts in
a previous study (29).

To derive urban area from NL digital values, threshold values need
to be determined. However, given the spatial difference in socioeconomic
characteristics in China, a single threshold cannot be applied to all regions and years. For the year 2010, we calculated the fractions of urban built-up areas of individual counties based on the Landsat-based product of Global Land Cover maps with 30-m spatial resolution (GlobeLand30) provided by the National Geomatics Center of China (35). We used these fractions to address the threshold values of the NL data for individual counties in 2010. For historical periods, we used a Landsat-based data set containing the urban expansion of 32 major cities from 1978 to 2010 as a basis to determine the changing trends of the NL threshold values. The 32 major cities cover most of the municipalities and all provinces in China (36, 37). The spatial coverage of the data set is shown in fig. S1A, and as an example, the urban expansion process in Beijing between 1980 and 2010 is illustrated in fig. S1B. More detailed information on the data set was described in a previous study (37). These data recorded urban areas with a 5-year interval. The fractions of urban areas in each of the 32 cities were then calculated for each recorded year, and the fractions between recorded years were obtained by a linear interpolation. Future urban expansion to 2030 was determined using the probabilistic forecasts provided by a previous study (29). Grids with probability (of being converted to urban areas) higher than 95% were defined as urban areas. Additional information on the intercalibration of the NL data (38) and the determination of the threshold values can be found in the Supplementary Materials. The urban areas in 1980, 1990, 2000, 2010, and 2030 are provided in the Supplementary Materials at a 30-arc sec spatial resolution (approximately 1 km).

Geospatial distribution of population in China from 1980 to 2030

Several products provide information on population distributions in certain years in China (39–41). However, a completed record of population distributions during the last three decades has not been established. Here, we integrated county-level census data, provincial-level statistical data, and the urban expansion data to establish a long-term population distribution data set in China. The 3rd, 4th, 5th, and 6th National Census conducted in 1982, 1990, 2000, and 2010, respectively, provide urban and rural population by county (42). For years other than the census years, we used provincial-level urban/rural population data to interpolate proportionally to county-level population based on the county-level census data. Future population growth was projected at a provincial level based on the methodology of the United Nations Population Estimates and Projections (43). The future urbanization rates were also projected to 2030 at a provincial level based on the United Nations method (44) using the following equation

\[ U' = \left( \frac{U + dR}{T} \right) \times U \]

where \( U \) and \( T \) are the total and urban population for the year \( t \), respectively, \( U' \) and \( T' \) are the same populations for the year \( t + 1 \), and \( dR \) is the difference of rural population between the year \( t \) and \( t + 1 \). The provincial-level total, urban, and rural population were then adjusted to be consistent with the national total, urban, and rural population projected by the United Nations (14, 43). The projected number of MUs in 2030 was obtained from the Chinese Floating People’s Development Report of the National Health and Family Planning Commission (15).

We defined the Oak Ridge National Laboratory’s LandScan population distribution in 2010 as the referenced population distribution (39). To derive historical population distributions, we spatially allocated urban and rural population into urban and rural areas separately by county. For future population distributions, the same procedure was conducted by province. The population distributions within urban/rural areas of each administrative unit (for historical distributions, the unit is one county; for future projection, it is one province) were assumed to be geographically proportional to the referenced population distribution. The spatial allocation process can be described using the following equation

\[ \text{GRIDpop}_{i,y} = \left( \frac{\text{GRIDpop}_{i,y}}{\text{pop}_{c,\text{ur}}_{i,y}} \right) \times \text{pop}_{c,\text{ur},y} \]

where \( i \) represents a specified grid, \( y \) is the year, and \( \text{GRIDpop}_{i,y} \) is the population within the \( i \)th grid in the year \( y \); \( c \) is the county where the \( i \)th grid is located, \( \text{ur} \) is the urban/rural type of the grid, and \( \text{pop}_{c,\text{ur},y} \) represents the total urban (or rural) population of the county in the year \( y \); \( \text{GRIDpop}_{i,y} \) is the referenced population within the \( i \)th grid, and \( \text{pop}_{c,\text{ur}} \) is the total urban (or rural) population calculated by aggregating the grid population within the urban/rural area of the county \( c \) in the year \( y \). In general, the established data set can capture the long-term spatial change of population at a county level and represents urban/rural population change and urban expansion within a county. The overall framework of extracting urban area and addressing population distribution is illustrated in fig. S2. The population distribution data in 1980, 1990, 2000, 2010, and 2030 at a 30-arc sec spatial resolution is provided in the Supplementary Materials.

According to the data reported by the 6th National Census (42), we derived the numbers of MUs by county. These data were used to generate the spatial distributions of MUs before and after their migration occurs. Within each county, the distribution of MUs within the rural/urban areas was assumed to be proportional to that of rural/urban residents. The overall distribution of the migrants (MU + NU) after the migration was addressed by comparing the difference between the 2010 population distribution and the N1 population distribution (see table S1 for the N1 scenario where the migration is excluded from the population distribution). The migration of NUs was thus calculated by subtracting the MU distribution from the overall distribution of the migrants.

RTC energy consumption data for urban residents and RRs and for rural-to-urban migrants

RTC in this study refers to the direct energy consumption for the demand of residential cooking, heating, lighting, and household appliance operation as well as the transportation energy consumption by private and public vehicles (table S2). The provincial-level RTC data can be obtained from China Energy Statistical Yearbook for different fuel types and for urban and rural populations separately (45). Following the method developed in our previous study (22), a series of empirical models were established to predict the change of per-capita energy consumption (\( E_{\text{cap}} \)) with economic development (using per-capita GDP as an indicator) (table S3 and fig. S3). These models used the following S-curve function to describe the relation between \( E_{\text{cap}} \) and GDP_{\text{cap}}

\[ y = \beta + a \left[ 1 - \exp \left( -\gamma \left| x - z_{c,\text{fr}} \right|^{\delta} \right) \right] \]
where $y$ is $\log(E_{\text{cap}})$ [in log(tons of coal equivalent per person per year)], $x$ is $\log(GDP_{\text{cap}})$ [in log(dollars per person per year)], and $\alpha$, $\beta$, $\gamma$, $\delta$, and $\varepsilon$ are S-curve coefficients. Before curve fitting, $E_{\text{cap}}$ data were adjusted by various factors, including electricity price, per-capita floor space, per-capita oil and gas production, HDD, and population density. Provincial-level data were used to develop these models. In addition, data in developed countries were added at higher GDP$_{\text{cap}}$ levels to constrain the future tendency. The relationship between $E_{\text{cap}}$ and GDP$_{\text{cap}}$ was evaluated for individual energy types, including electricity, oil, and gas, heat, and solid fuel. It should be noted that the fuel type of oil and gas in the RTC energy consumption included both oil and gas consumed in residential and transportation (private cars and public transit buses) sectors. It appears that different fuel types show different future tendencies (fig. S3). In general, they follow the Kuznets curve. Solid fuel use decreases over time, oil and gas use increases with a reachable platform in the near future, and electricity consumption increases straightly. These models were used in three ways: to reconstruct historical energy consumption before 1985 when provincial-level energy data were not available, to predict future energy transition with economic growth, and to downscale the provincial-level data to county level according to county-level GDP$_{\text{cap}}$. The final forms of these empirical models are listed in table S3.

The future energy transitions of subfuel types within each major fuel type were simulated using a technology split method. Details about this method can be found in previous studies (7, 46). Briefly, the fractional changes of individual subfuel types in a major fuel type over time were fitted using S-shaped curves for individual provinces based on historical energy consumption data (46). These regression curves were then used to determine future fractional trends. Therefore, future trends of energy consumption of major fuel types were determined by the aforementioned energy empirical models, whereas fractions of subfuel types in each major fuel type were addressed by the technology split method.

For the energy mix of unregistered rural-to-urban migrants (MUs), no official statistical data could be found. Information was collected on the basis of questionnaire surveys conducted in Beijing and Guangzhou, both of which are inhabited by many MUs and can represent the MU RTC energy consumption in the north and south of China, respectively. The questionnaire covered information on personal, family, residence, and average energy use. We collected a total of 440 and 86 valid questionnaires in Beijing and Guangzhou, respectively. Detailed information on the questionnaire design, quality control, and the procedure to convert collected data to energy consumption data can be found in our previous study (12). Because of data limitations, MUs in the northern provinces with the centralized heating system were assumed to have the same energy mix as those in Beijing, and MUs in the southern provinces without centralized heating were assumed to have the same energy mix as those in Guangzhou.

### Emission estimation of air pollutants and greenhouse gases

We estimated emissions from RTC using a bottom-up method based on energy consumption data and EFs. Various greenhouse gases and air pollutants were considered, including carbon dioxide (CO$_2$), CO, methane (CH$_4$), nitrous oxide (N$_2$O), mercury (Hg), non-methane volatile organic compounds, SO$_2$, NO$_x$, OC, BC, TSP, PM$_{10}$ PM$_{2.5}$, and ammonia (NH$_3$). The emissions were estimated for individual fuel types (21 subfuel types in 7 major fuel types) from 1980 to 2012 and projected from 2013 to 2030 at the 1-km spatial resolution (table S2). EF values of various compounds over time were either derived from our EF database of PKU Inventory (8, 47–50) or collected from literature reports focusing on China (51–53). Table S4 lists the expected EF values for various compounds and RTC sources. It should be noted that, because of the disparity in subfuel-type fractions and technology divisions, such as the ratios of improved stoves to total stoves for residential biomass burning, EF values applied in the study are different across provinces and over time. Table S4 only shows the national average values for the year 2010.

Emissions were calculated as products of energy consumption and EFs for each source, compound, year, county, and urban/rural area. Spatially, emissions from electricity and heat consumption were allocated to the locations of energy generation plants (54) as stationary point sources by major power grids, including North China Power Grid, East China Power Grid, Northeast China Power Grid, Central China Power Grid, Northwest China Power Grid, South China Power Grid, and Tibet Power Grid. The energy exchange across major grids was also taken into consideration. We calculated the EF values of power plants for individual power grids according to the proportions of electricity generated by coal-fired, oil-fired, and gas-fired plants and from indigenous production within the grid regions.

Emissions from other RTC sources were allocated into urban/rural areas by county using urban/rural population as surrogates. Monthly variations of residential emissions were simulated following the method of Zhu et al. (22). The emission inventories for RTC were compiled at a 30–arc sec resolution. For model simulation, emissions from sources other than RTC were directly derived from PKU Inventory for OC, BC, TSP, PM$_{2.5}$, and PM$_{10}$ and from Emissions Database for Global Atmospheric Research for other compounds (6, 8, 50, 55) for the year 2010. To evaluate the net impacts of RTC, emissions from other sources were set to be unchanged during the study period using 2010 as a reference. RTC emissions and total emissions of various pollutants and greenhouse gases in 2010 in China are listed in table S5.

### Air quality modeling

The Weather Research and Forecasting model coupled with Chemistry (WRF/Chem) version 3.5 was used to simulate meteorological fields and near-surface PM$_{2.5}$ concentrations (56) at a 50-km × 50-km horizontal resolution with a model domain covering the entire mainland China (fig. S7). The model time step was 300 s. The chemical options included the RADM2 (Regional Acid Deposition Model, version 2) chemical mechanism and the MADE/SORGAM (Modal Aerosol Dynamics Model for Europe/Secondary Organic Aerosol Model) aerosol scheme. The 1.0° × 1.0° National Centers for Environmental Prediction Final Operational Global Analysis data (http://rda.ucar.edu/datasets/ds083.2/) were processed to provide the initial meteorological conditions, boundary conditions, and the meteorological nudging field. WRF was applied with a three-dimensional analysis nudging with 6-hour intervals. For a 1-year simulation, the spin-up time was 10 days, and the simulation was restarted every 1 month to avoid increasing uncertainty in meteorological prediction. We conducted a total of twelve 1-year simulations, including one 2014 simulation for model evaluation, one 2010 simulation, one 1980 base simulation, and nine simulation tests to analyze the effects of migration-related and non-migration-related factors between 1980 and 2010. The only difference among these simulations was the emission inventory of RTC that was revised to fit specific cases.

On the basis of the high-resolution emission inventory established in this study, the output fields of near-surface PM$_{2.5}$ concentrations were spatially downscaled using a Gaussian downsampling method (10). Because of the computing load, the concentrations were downscaled to...
a 5-km × 5-km resolution instead of the emission inventory resolution of 30 arc sec. During downscaling, the primary and secondary PM$_{2.5}$s were treated separately. For the primary PM$_{2.5}$, including BC, OC, and unspecified PM$_{2.5}$, downscaling was carried out by calculating the weighting factor ($W_i$) for the $i$th 5-km × 5-km grid using the following equation

$$W_i = \sum_{j=1}^{n} 2.03Q_i f_{i} e^{-f_{i} s_{ij} x_{ij}}$$

where $Q_i$ (in micrograms per second) is the emission density of the $i$th emission grid at the 5-km resolution; $f_{i}$ (dimensionless) and $s_{ij}$ (in meters per second) are wind frequency (0 to 1) and speed, respectively, at the direction from 1 to 16 (N, NNE, NE, ENE, E, SEE, SE, SSE, S, SSW, SW, NWW, NW, and NNW) in the $i$th emission grid; $t_{ij}$ (in seconds) and $x_{ij}$ (in meters) are distance and transport time, respectively, from the $j$th emission grid to the $i$th receiving grid; and $\sigma_{zj}$ (in meters) is the vertical SD of the concentrations. The downscaled concentrations of the $i$th grid were calculated as

$$C_i = \frac{W_i}{W_i} C_i$$

where $C_i$ and $W_i$ are the downscaled concentration and weighting factor in the $i$th grid, respectively; $C_i$ and $W_i$ are the modeled concentration and average weighting factor, respectively, in the specific 50-km × 50-km model grid, which contains the $i$th grid. Detailed information on the Gaussian downscaling method, specifically on the determination of $\sigma_{zj}$, can be found in a previous study (10). The concentrations of secondary PM$_{2.5}$ were not downscaled. The distribution of simulated PM$_{2.5}$ concentrations in 2010 is illustrated in fig. S7.

For model evaluation, we compared simulated near-surface PM$_{2.5}$ concentrations with observations for each of the 190 Chinese cities in 2014 (figs. S8 and S9). The observations were reported by the National Air Quality Monitoring Network (25). The comparison showed an agreement between simulation and observation both spatially and temporally. Population-weighted concentrations were then calculated on the basis of the predicted PM$_{2.5}$ concentrations and the established population distributions.

**Health assessment**

Here, we used premature death as a health indicator. Premature deaths refer to the number of deaths occurring earlier than they would be expected if a risk factor could be avoided. We calculated relative risks of mortality from ischemic heart disease, cerebrovascular disease (stroke), chronic obstructive pulmonary disease, lung cancer, and acute lower respiratory infection attributable to long-term inhalation exposure to ambient PM$_{2.5}$ based on the Integrated Risk Function (57). The Integrated Risk model has been proven to be superior in predicting relative risks compared to other forms previously used in burden assessments. Detailed information on the model can be found in a previous study (57). The population attributable fraction (PAF) was calculated from the predicted relative risks, and the annual premature deaths caused by ambient PM$_{2.5}$ exposure were calculated by multiplying PAF with provincial background disease burdens provided by GDB-2010 (58) and the ratio of urban and rural background disease incidence to total provincial background disease incidences (59). The background disease burdens can be influenced by multiple factors. To evaluate the net health impacts of migration, the disease rates in 2010 were adopted and assumed to be constant over time.

**Evaluation of migration effects**

We conducted a set of factorial simulation tests to evaluate the influences of the rural-urban migration and other non-migration-related factors on PM$_{2.5}$ (primary + secondary) concentrations. The effects of migration for a given year were assessed by comparing the difference in simulated PM$_{2.5}$ concentrations between two simulations: (i) a real-world simulation with the real-world population distribution and RTC emissions and (ii) a counterfactual simulation excluding the effects of migration on RTC emissions, that is, with the total and spatial distribution of PM$_{2.5}$ emissions being derived by locating rural-urban migrants back to their rural areas of origin and assigning them the energy mixes of local RRs.

The same factorial simulation framework was used to distinguish the effects of nine driving factors including four non-migration-related factors (N1, population growth; N2, increase in RTC energy consumption; N3, change of EF; N4, decrease in EFs) and five migration-related factors (U1, NU migration; U2, shift in the energy mix of NUs due to migration; U3, MU migration; U4, shift in the energy mix of MUs; U5, expansion of urban area). A detailed description of each factor is summarized in table S1. The influence of each factor on energy consumption, population distributions, pollutant emissions, PM$_{2.5}$ concentrations, and population health was addressed using an entering approach by including and keeping the factors in the simulation one by one from N1 to U5 and comparing the effects with previous simulation results. For example, the effect of U4 was evaluated by comparing the results of the simulation including the factors N1 to N3 with the simulation including the factors N1 to N4. The overall influence of migration is equal to the combined effects of the five migration-related factors (U1 to U5).

It should be noted that, although the nine factors represent the entire change within the RTC sources in China, they proceed simultaneously in reality rather than taking place in a certain order. We checked the effect of the factor orders by making sure that U5 takes place before U1, and we found the results to be consistent with those in the current order. We evaluated the influences of individual factors on emissions for each year from 1980 to 2030 (fig. S10) and found a continuous emission reduction caused by migration by 2030.

**Uncertainty analyses, constraints, and limitations**

Here, the uncertainties in emission estimate, air quality modeling, and health assessment were comprehensively addressed. The uncertainty in emission estimate was characterized using Monte Carlo simulation. The distributions of EF values for all compounds were assumed to be lognormally distributed, except for CO$_2$, of which EF values were assumed to be normally distributed. The expected values of EFs, $E(x)$, were determined using the following equation

$$E(x) = \exp(\mu + 0.5\sigma^2)$$

where $\mu$ and $\sigma$ are the mean and the SD of log-transformed EFs, respectively. The EF values for individual compounds and fuel types are listed in table S4. On the basis of Cox’s method (60), the SD of log[$E(x)$] can be calculated as follows

$$\text{SD}_{\log[E(x)]} = \left\{ \frac{\sigma^2}{n} + \frac{\sigma^4}{2(n-1)} \right\}^{1/2}$$

where $\mu$ and $\sigma$ are the mean and the SD of log-transformed EFs, respectively. The EF values for individual compounds and fuel types are listed in table S4. On the basis of Cox’s method (60), the SD of log[$E(x)$] can be calculated as follows

$$\text{SD}_{\log[E(x)]} = \left\{ \frac{\sigma^2}{n} + \frac{\sigma^4}{2(n-1)} \right\}^{1/2}$$
The consumption rates of individual fuel types in RTC were assumed to be uniformly distributed. Variation intervals of historical consumptions were set to be 20% of the means for indoor biomass burning, 5% for electricity consumption, and 10% for all fuel types (7). Variation intervals of future consumptions were assumed to increase by a factor of 2 from 2013 to 2030. Monte Carlo simulations were used to characterize the overall uncertainty of the emission estimates with 10,000 random drawings of all inputs from the distributions.

The uncertainty of the modeled PM$_{2.5}$ concentrations was characterized on the basis of a model sensitivity analysis. Only uncertainties induced by emission inventory were taken into consideration. The sensitivity of population exposure to PM$_{2.5}$ concentrations was quantified by changing the emissions of individual pollutants by ±100, ±75, ±50, ±25, and ±10% separately and by addressing the resulting change in PM$_{2.5}$ concentrations based on a 1-month simulation. The pollutants considered in the sensitivity analysis included BC, OC, NH$_3$, NO$_x$, SO$_2$, and unspecified PM$_{2.5}$ (= PM$_{2.5} -$ BC + OC). The results are shown in table S6. These results were used to evaluate the uncertainty range of PM$_{2.5}$ concentrations reflecting uncertain pollutant emissions.

For the health assessment, the uncertainty was also assessed using Monte Carlo simulation. Both the abovementioned uncertainty in the simulated PM$_{2.5}$ concentrations and the reported uncertainty in parameters of the risk functions (57) were considered. In particular, the study of Burnett et al. (57) provided 1000 sets of curve parameters for each disease. Each time, one set of the parameters was randomly chosen together with a randomly chosen PM$_{2.5}$ concentration in the modeled distribution to calculate relative risks. The Monte Carlo simulation was run 10,000 times.

With data limitations, results obtained in this study bear relatively high uncertainty. More detailed and better information is required for future systematic assessment studies. First, the spatial allocation of the urban and rural population was calculated on the basis of the satellite-derived urban and rural areas instead of the areas defined by administrative boundaries because of a lack of spatial information on historical district-level administrative division and because the criteria defining urban administrative boundary in China have been changing over the study period and cannot reflect the true dynamics of urban expansion (fig. S11). The population distribution data set provided in this study is probably the best data set currently available to represent the changing population pattern over time in China but can be improved in the future. Other information required for a more systematic assessment includes the energy consumption of rural-urban migrants, EFs of various residential fuels, exposure-dose-response relationship, and cost of energy substitution. In addition, this study focuses on migration effect on direct energy consumption (RTC), whereas indirect emissions (emissions embodied in production chains) are another important driver that controls emissions and can be affected by migration. The indirect emissions associated mostly with infrastructure development and consumer commodities (61) are very likely to offset the health benefits from direct emissions in the migration process, especially if the industrial production of commodities is close to an urban area, which is generally the case in China (27). Another limitation of the current study is that only ambient air quality (PM$_{2.5}$) is taken into consideration in health impact assessment while residents spend most of their time indoors (62). The relationship between migration and indoor air pollution exposure in both urban and rural areas is more complicated to establish because the indoor air is influenced by both indoor and outdoor sources.

**REFERENCES AND NOTES**


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Urbanization-induced population migration has reduced ambient PM$_{2.5}$ concentrations in China

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