Conformational landscape alterations promote oncogenic activities of Ras-related C3 botulinum toxin substrate 1 as revealed by NMR

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Ras-related C3 botulinum toxin substrate 1 (Rac1) plays critical roles in the maintenance of cell morphology by cycling between inactive guanosine diphosphate (GDP)–bound and active guanosine triphosphate (GTP)–bound states. Rac1 P29S mutant is known to strongly promote oncogenesis by facilitating its intrinsic GDP dissociation and thereby increasing the level of the GTP-bound state. Here, we used solution nuclear magnetic resonance spectroscopy to investigate the activation mechanism of the oncogenic P29S mutant. We demonstrate that the conformational landscape is markedly altered in the mutant, and the preexisting equilibrium is shifted toward the conformation with reduced affinity for Mg2+, a cofactor that is critical for maintaining stable GDP binding. Our results suggest that the alteration of the preexisting conformational equilibrium of proteins is one of the fundamental mechanisms underlying their oncogenic activities.

INTRODUCTION
Small guanine nucleotide–binding proteins (G proteins), also known as small guanosine triphosphatases (GTPases), are a large family of enzymes that function as binary molecular switches in the regulation of a wide variety of cellular activities (1). The small G proteins cycle between two distinct functional states: an inactive guanosine diphosphate (GDP)–bound state and an active guanosine triphosphate (GTP)–bound state. The aberrant functions of the small G proteins are closely related to pathological processes, such as oncogenesis. For example, oncogenic mutations of the Ras family of small G proteins are frequently found in a variety of human tumors (2).

Ras-related C3 botulinum toxin substrate 1 (Rac1) is a member of the Rho family of small G proteins. Rac1 plays critical roles in the maintenance of cell morphology and in cell migration. Recently, extensive sequencing analyses of human cancer cells have revealed that gain-of-function mutations of Rac1 are found in sun-exposed melanomas, human sarcoma cell lines, and breast cancer cell lines, and Rac1 has been identified as an essential growth driver that strongly promotes cell proliferation and the subsequent oncogenic activities (3–5). Therefore, Rac1 is considered to be a potential therapeutic target for cancer treatment (6). The Pro29-to-Ser mutation, frequently found in melanoma, is located adjacent to the region called switch1 and is distinct from the hotspots (Gly12, Gly13, and Gln61) found in oncogenic mutants of the Ras family (2, 7, 8). Biochemical studies of the P29S mutant have revealed that the mutant exhibits a “fast-cycling” property, in which GDP dissociation from the inactive GDP-bound state is accelerated, thereby increasing the level of the active GTP-bound state (5, 9). Despite its biological importance, the elucidation of the molecular mechanism underlying the fast-cycling behavior has been impeded by the lack of detailed structural information about the inactive GDP-bound state of Rac1 and its mutants. Here, we used solution nuclear magnetic resonance (NMR) spectroscopy, which can characterize the dynamic nature of proteins at atomic resolution, to determine the activation mechanism of the Rac1 P29S oncogenic mutant.

RESULTS
Reduced affinity for Mg2+ in the P29S mutant
Pro29 is located adjacent to the switch1 region (residues 30 to 38), which stabilizes the bound GDP through the interaction with the bound Mg2+ coordinated to the carbonyl oxygen of Thr35 (Fig. 1A) (8). In the case of Rac1, the bound Mg2+ stabilizes the GDP binding, and the removal of Mg2+ markedly increases the GDP dissociation rate by about 300-fold (10). Therefore, we focused on the effects of the P29S mutation on the Mg2+ binding to investigate the mechanism underlying the accelerated GDP dissociation. We found that the dissociation rate of GDP increases as the concentration of Mg2+ decreases, consistent with the previous report (10), and estimated the apparent dissociation constant (Kd) of Mg2+ to be 8.9 ± 0.7 μM in the wild type (Fig. 1, B and C, and table S1). In the P29S mutant, we found that the inherent GDP dissociation rate in the absence of Mg2+ was only 2.6-fold faster than that of the wild type, whereas the ratio increased up to 8-fold under the physiological Mg2+ conditions in the submillimolar range (11). This is because the apparent Kd of Mg2+ in the P29S mutant (25.8 ± 2.3 μM) is about threefold weaker than that of the wild type, and the population of the Mg2+-unbound state is increased in the P29S mutant (Fig. 1, B and C, and table S1). Because the GDP dissociation is greatly accelerated in the Mg2+-unbound state, this relatively small increase in the Mg2+-unbound population substantially affects the overall GDP dissociation rate. These results revealed that the accelerated GDP dissociation in the P29S mutant is mainly attributed to its reduced affinity for Mg2+.

To investigate the structural mechanism for the differences in the Mg2+ affinity, we compared the 1H–13C heteronuclear multiple-quantum coherence (HMQC) spectra of the side-chain methyl groups (12) between the wild-type Rac1 and the P29S mutant (Fig. 1D). The methyl groups with marked chemical shift differences were mainly clustered around the switch1 region, suggesting that the conformation of the switch1 region was affected by the P29S mutation (Fig. 1E). To further characterize the conformational differences in the switch1 region, we prepared the T35A mutant of Rac1, considering the previous report that the Mg2+ binding is sensitive to the structural alternations at the

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Conformational equilibrium in the switch1 region

Considering the fact that a large portion of the switch1 region was exchange broadened in the 1H–13C transverse relaxation–optimized spectroscopy (TROSY) spectrum (fig. S2), we hypothesized that the switch1 region exists in a conformational equilibrium on a millisecond-to-microsecond time scale, and changes in the relative population are reflected in the chemical shift differences. To test this hypothesis, we conducted 13C single-quantum (SQ) and 1H triple-quantum (3Q) Carr-Purcell-Meiboom-Gill (CPMG) relaxation dispersion (RD) experiments to observe the methyl groups surrounding the switch1 region (Leu2081, Ile2181, Ile3381, Val3671, Val3672, Ala428, and Ala499) (fig. S3). The fitted $k\text{ex}$ values were almost the same, around 4000 s$^{-1}$ for all the exchanging methyl groups, indicating that the exchange process can be described by two distinct conformational exchanging in a highly cooperative manner. The major and minor conformations in the wild type are henceforth referred to as states A and B, respectively.

On the basis of the two-state assumption, we simultaneously analyzed the RD curves and exchange-induced changes in the peak positions in the heteronuclear single-quantum coherence (HMQC) and HMQC spectra to describe the cooperative motion (16, 17) and successfully obtained a global $k\text{ex}$ value of 4340 ± 140 s$^{-1}$ and a B state population of 0.346 ± 0.007 in the wild type (Fig. 2D and fig. S4). We also performed the same analyses on the mutants and obtained a $k\text{ex}$ value of 4680 ± 130 s$^{-1}$ and a B state population of 0.555 ± 0.003 for the P29S mutant and a $k\text{ex}$ value of 4030 ± 90 s$^{-1}$ and a B state population of 0.097 ± 0.004 for the T35A mutant. The observed chemical shift differences could be explained well by the changes in the B state population in the mutants, and the B state population correlated well with the apparent $K_d$ for Mg$^{2+}$, supporting the fact that states A and B represent the high- and low-affinity states for Mg$^{2+}$, respectively (Fig. 2E). It should be noted that the $k\text{ex}$ values are comparable for the wild type and the P29S and T35A mutants, although the populations of the two states are quite different, reflecting that both of the forward and reverse rates of the equilibrium are markedly different between the wild type and the mutants. We also analyzed Rac1 bound to a Rho–GDP dissociation inhibitor (GDI), which stabilizes the Mg$^{2+}$-bound state and inhibits the GDP dissociation (8, 18). We compared the NMR signals from Ile2181, Ile3381, and Ala428, which are located over 8 Å distant from Rho-GDI (8), to characterize the switch1 conformational states in the Rho-GDI–bound state (Fig. 3, A and B). The chemical shifts of the Rho-GDI–bound state were similar to those of the T35A mutant, in which the equilibrium is shifted toward the A state, and actually matched those of the A state of the wild type, calculated from the CPMG RD analyses in the absence of Rho-GDI (Fig. 3, C and D). In addition, we found that the 13C SQ CPMG dispersions of these methyl groups were almost completely suppressed by the binding of Rho-GDI. These

Fig. 1. GDP dissociation rates and NMR spectra of the wild-type Rac1 and the P295 mutant. (A) Structure of the Mg$^{2+}$-binding site. Crystal structure of the GDP-bound Rac2 in the Rac2-Rho GDI complex (Protein Data Bank [PDB] ID: 1DS6) (8). The switch regions are colored cyan, and Pro29 is colored red. The close-up view of the Mg$^{2+}$-binding site is shown on the right. (B) Mant-GDP dissociation rates of the wild-type Rac1 (left) and the P295 mutant (right) in the presence of various concentrations of Mg$^{2+}$. The data depicted as EDTA were measured in the presence of 1 mM EDTA. (C) Apparent $K_d$ of Mg$^{2+}$ for the wild type (left) and the P295 mutant (right). Each point reflects mean ± SE of three independent experiments. (D) Overlay of the 1H–13C HMQC spectra of the wild type (black) and the P295 mutant (red), measured at 14.1 T (600-MHz 1H frequency) and 25°C. In the NMR experiments, the R66E background mutation is introduced to suppress the self-association, ppm, parts per million. (E) Mapping of the methyl groups with marked chemical shift differences onto the structure of Rac1. The normalized chemical shift differences, $\Delta\delta$, are calculated by the equation, $\Delta\delta = (\langle\Delta\delta_{13C}\rangle^2 + \langle\Delta\delta_{1H}\rangle^2)^{1/2}$. The methyl groups with $\Delta\delta$ larger than 0.05 ppm are colored red.

results demonstrate that the binding of Rho-GDI suppresses the exchange process to trap Rac1 in the A state (Fig. 3E).

Collectively, we concluded that the conformational exchange in Rac1 is characterized well by the global two-state exchange process between the A state with high affinity for Mg\(^{2+}\) \((K_d \text{ on the order of nM or less})\) and the B state with low affinity for Mg\(^{2+}\) \((K_d \text{ of } \sim 40 \mu \text{M by extrapolation})\) and that the crystal structure of Rac1 in the Rho-GDI complex closely corresponds to the structure of the A state. We should also note that the B state population significantly increases in the P29S mutant. These results establish the dynamic mechanism underlying the reduced affinity for Mg\(^{2+}\) in the P29S mutant, in which the P29S mutation shifts the preexisting conformational equilibrium to stabilize the Mg\(^{2+}\) low-affinity state.

**Structure of the low-affinity conformation for Mg\(^{2+}\)**

To obtain structural insights into the unexplored B state with reduced affinity for Mg\(^{2+}\), we conducted intramolecular paramagnetic relaxation enhancement (PRE) experiments and modeled an atomic structure of the B state using the PREs as distance restraints. We first prepared E31C Rac1 conjugated with (1-oxyl-2,2,5,5-tetramethyl-\(\Delta^3\)-pyrroline-3-methyl)-methanethiosulfonate (MTSL), in which a nitrooxide spin label was site-specifically introduced to the switch1 region, and analyzed the intramolecular PREs on the side-chain methyl \(^{13}\)CH\(_3\), backbone amide NH, and Trp \(\epsilon\)-NH protons. Although most of the observed PREs were compatible with the structure of the A state, we found that long-range PREs were observed for the signals located on the C terminus of \(\beta\)2 and the N-terminal half of \(\beta\)3 (residues 45 to 51), which could not be explained from the A state structure (Fig. 4A). A comparison of these PREs with those obtained from the P29S-E31C and E31C-T35A mutants revealed that these long-range PREs became more prominent as the B state population increased, indicating that the proximity between the switch1 and \(\beta\)-3 regions is a characteristic feature of the B state structure (Fig. 4B). It should also be noted that complementary PRE patterns were observed for Ala\(^{198}\), which is expected to become more distant from the switch1 region in the B state under this assumption.

By integrating the PREs from four positions (Glu\(^{31}\), Asp\(^{63}\), Gin\(^{74}\), and Leu\(^{160}\) (fig. S5), we conducted ensemble simulated annealing calculations assuming a two-state ensemble (19), in which each ensemble member represents the structure of state A or B. In the calculations, the following assumptions were made: (i) In the ensemble member...
corresponding to the A state, the atomic coordinates of Rac1 from the crystal structure of the Rho-GDI complex were adopted (8). (ii) In the ensemble member corresponding to the B state, the residues around the switch1 region (residues 24 to 47) were allowed to move, and the rest of the residues were held in fixed positions. The validity of the variable region was confirmed on the basis of the analyses of the backbone amide $^{1}$H-$^{15}$N residual dipolar couplings (RDCs), which showed that the RDCs from the region outside switch1 were compatible with those calculated using the Rac1 structure of the Rho-GDI complex (Fig. 5). (iii) The $\beta$-sheet structure formed between the $\beta$2 and $\beta$3 strands was maintained in the B state. This assumption was made because the backbone amide signals from $\beta$3 did not exhibit significant chemical shift changes or exchange broadenings. The ensemble weights were set to 0.6 and 0.4 for states A and B, respectively, according to the population obtained from the CPMG RD experiments (fig. S6).

Fig. 3. Mant-GDP dissociation rate measurements and NMR analyses in the presence of Rho-GDI. (A) Mant-GDP dissociation rates in the presence of various concentrations of Rho-GDI. Mg$^{2+}$ was added to the final concentration of 0.1 mM. We confirmed that the purified Rho-GDI inhibits GDP dissociation from Rac1. (B) Overlay of the $^{1}$H-$^{13}$C HMQC spectra in the absence (black) and presence (purple) of Rho-GDI, measured at 14.1 T (600-MHz $^{1}$H frequency) and 25°C. One-dimensional cross sections of the Val$^{168}$ signal are shown. The direct interaction was verified from the NMR spectral changes of Rac1 upon the addition of stoichiometric amounts of Rho-GDI. (C) Close-up views of the $^{1}$H-$^{13}$C HMQC spectra in the absence (black) and presence (purple) of 200 μM Rho-GDI. Cross marks denote the chemical shifts of states A and B, calculated from the CPMG RD and HSQC/HMQC analyses in the absence of Rho-GDI. (D) Overlays of the $^{1}$H-$^{13}$C HMQC spectra of the wild type (WT) in the presence of 200 μM Rho-GDI (purple), the T35A mutant (blue), the wild type in the absence of Rho-GDI (black), and the P29S mutant (red). In the NMR experiments of the wild type in the absence of GDI, the T35A mutant, and the P29S mutant, the R66E background mutation is introduced to suppress the self-association. (E) $^{13}$C SQ CPMG RD profiles in the absence (black) and presence (purple) of 200 μM Rho-GDI. CPMG RD experiments were performed at 14.1 T (600-MHz $^{1}$H frequency) and 25°C.
On the basis of the ensemble calculations, we successfully constructed an atomistic model structure of the B state (Fig. 4C). The $q$ factor (19) of the PREs from E31C-MTSL decreased from 0.45 to 0.28, and the long-range PREs were well fitted by using a two-state ensemble model (Fig. 4A and fig. S5). In the B state structure, the switch1 region is located distant from the bound GDP and Mg$^{2+}$, and the carbonyl oxygen of Thr$^{35}$ does not coordinate with the Mg$^{2+}$, which explains the weaker Mg$^{2+}$ binding affinity in the B state (Fig. 4C and fig. S7A). The structure also suggests that the orientation of the loop forming switch1 is kinked at the position of residue 29 in the B state (Fig. 4D). Because the Pro-to-Ser substitution increases the conformational freedom of the main chain, the P29S mutation will shift the equilibrium to stabilize the B state by favoring the kinked conformation. Although it is difficult to describe the detailed side-chain structures of the B state because of a lack of sufficient structural restraints, the structure shows that the side chains of Thr$^{35}$ and Phe$^{37}$ can become proximate to form an OH-$\pi$ interaction in the B state, suggesting that the side-chain OH group of Thr$^{35}$ plays important roles in stabilizing the B state structure (fig. S7B). This observation would explain the shift in the equilibrium in the T35A mutant, in which the B state population decreases as compared to the wild type. We expect that the switch1 structure in the B state is inherently flexible and can adopt multiple structures with slightly different loop orientations, because the switch1 structure is not stabilized by interactions with other secondary structural elements. This flexibility likely results in the relatively broad spatial distribution in the calculated structural ensemble of the B state (fig. S7A). The validity of the B state structure was further established from the accelerated molecular dynamics (aMD) simulations (20). During the 200-ns aMD trajectory, we could observe the structural transitions accompanying the large structural rearrangements by favoring the kinked conformation. Although it is difficult to describe the detailed side-chain structures of the B state because of a lack of sufficient structural restraints, the structure shows that the side chains of Thr$^{35}$ and Phe$^{37}$ can become proximate to form an OH-$\pi$ interaction in the B state, suggesting that the side-chain OH group of Thr$^{35}$ plays important roles in stabilizing the B state structure (fig. S7B). This observation would explain the shift in the equilibrium in the T35A mutant, in which the B state population decreases as compared to the wild type. We expect that the switch1 structure in the B state is inherently flexible and can adopt multiple structures with slightly different loop orientations, because the switch1 structure is not stabilized by interactions with other secondary structural elements. This flexibility likely results in the relatively broad spatial distribution in the calculated structural ensemble of the B state (fig. S7A). The validity of the B state structure was further established from the accelerated molecular dynamics (aMD) simulations (20). During the 200-ns aMD trajectory, we could observe the structural transitions accompanying the large structural rearrangements.
of the switch1 region, which have similar structural characteristics to those observed in the PRE-based ensemble calculations (fig. S8).

**DISCUSSION**

On the basis of these results, we revealed that Rac1 in the GDP-bound state exists in a conformational equilibrium between two conformations with different Mg\(^{2+}\) affinities, states A and B with high and low affinities for Mg\(^{2+}\), respectively. This equilibrium is shifted toward the B state in the oncogenic P29S mutant, which accelerates GDP dissociation due to its impaired Mg\(^{2+}\) coordination. Considering that the A state is the predominant state of the wild-type Rac1 under physiological conditions, it is notable that the introduction of a single-point mutation, P29S, markedly alters the energy landscape to invert the relative populations (Fig. 6). Our results support the proposal that the introduction of the R66E mutation to suppress the self-association in all the NMR experiments, except for those related to the Rho-GDI interaction. We confirmed that the introduction of the R66E mutation does not largely affect the apparent K\(_d\) for Mg\(^{2+}\) and that the chemical shift differences between the wild-type and the R66E mutant are observed only for the residues that are in close vicinity to Arg\(^{66}\) (fig. S9).

The Rac1 mutants were constructed with a QuikChange Site-Directed Mutagenesis Kit (Agilent Technologies), *E. coli* BL21-CodonPlus(DE3)-RP cells (Agilent Technologies), transformed with the pGEX-6P-1 plasmid encoding Rac1, were grown at 37°C in LB media for preparing non-labeled samples or in deuterated M9 media for preparing isotopically labeled NMR samples. When \(^{15}\)N labeling was required, \(^{15}\)NH\(_4\)Cl was used as the sole nitrogen source. For the selective \(^{13}\)CH\(_3\) labeling of methyl groups, [3,\(^{13}\)C, 2,\(^{2}\)H]-l-alanine (for Ala) (200 mg/liter), [methyl-\(^{13}\)C, 3,\(^{2}\)H]-\(\alpha\)-ketoisovaleric acid (for Ile) (80 mg/liter), [3-methyl-\(^{13}\)C,3,4,4,\(^{2}\)H]-\(\alpha\)-ketoisovaleric acid (for Leu) (40 mg/liter), [methyl-\(^{13}\)C]-\(\alpha\)-methionine (for Met) (CIL) (100 mg/liter), [2,3,3,\(^{2}\)H]-sucinic acid (CIL) (2.5 g/liter) were added 1 hour before the induction. The Rac1 protein was induced with 0.1 mM isopropyl β-D-thiogalactopyranoside at 20°C for 16 hours and purified as described previously (5). Briefly, the protein was purified to homogeneity by chromatography on glutathione Sepharose 4B resin (GE). After cleavage of the GST-tag with PreScission protease (GE), the protein was further purified by size exclusion chromatography using HiLoad 26/60 Superdex 75 pg (GE), in buffer containing 20 mM tris (pH 7.5), 150 mM NaCl, 5 mM MgCl\(_2\), and 1 mM dithiothreitol (DTT). To observe the amide signals, the purified protein was incubated at 37°C for 36 hours in Mg\(^{2+}\)-free buffer to exchange the amide hydrogen atom from \(^{2}\)H to \(^{1}\)H. NMR samples were prepared by changing the buffer to 20 mM Hepes-NaOH (pH 7.0), 0.5 mM GDP, 5 mM MgCl\(_2\), and 5 mM DTT by sequential dilution and concentration with an Amicon Ultra Centrifugal Filter Unit NMWL 10 kDa (Merck Millipore).

The DNA sequence encoding the Rho-GDI protein (human Rho-GDI 1, residues 1 to 204) (18), with an N-terminal His\(^{10}\)-tag and an HRV 3C protease recognition site, was inserted in the pET24d(+) plasmid (Novagen). The Rho-GDI protein was expressed in *E. coli* BL21-CodonPlus(DE3)-RP cells (Agilent Technologies) and purified...
to homogeneity by chromatography on HIS-Select resin (Sigma-Aldrich). After cleavage of the His<sup>10</sup>-tag with HRV 3C protease (Novagen), the protein was further purified by size exclusion chromatography using HiLoad 26/60 Superdex 75 pg (GE).

**Mant-GDP dissociation rate measurements**

The dissociation rate of mant-GDP was measured by monitoring the reduction in the fluorescence intensity due to the dissociation of mant-GDP preloaded in Rac1 (10). The purified Rac1 protein (20 μM) was incubated at 30°C for 30 min in buffer containing 50 mM tris-HCl (pH 7.5), 100 mM NaCl, 0.1 mM MgCl<sub>2</sub>, 1 mM DTT, and 50 μM mant-GDP (Invitrogen). The dissociation reaction was initiated by a 100-fold dilution in buffer containing 200 μM GTP and various concentrations of MgCl<sub>2</sub>. The excitation and emission wavelengths were set to 355 and 448 nm, respectively, with slit widths of 5 nm. The measurements were performed at 30°C.

To estimate the apparent dissociation rate constants for Mg<sup>2+</sup> in states A and B, we assumed that the on-rates of Mg<sup>2+</sup> (<i>k</i><sub>on,Mg<sup>2+</sup></i>) and the differences in the off-rates of Mg<sup>2+</sup> (<i>k</i><sub>off,Mg<sup>2+</sup></i>) were not significantly different between the two states and that the differences in the off-rates of Mg<sup>2+</sup> (<i>k</i><sub>off,Mg<sup>2+</sup></i>) were mainly responsible for the differences in the apparent dissociation rate constants (<i>k</i><sub>d,Mg<sup>2+</sup></i>). We also assumed that the exchange rate between the two states was far faster than the <i>k</i><sub>d,Mg<sup>2+</sup></i>. With these assumptions, the experimentally observed apparent dissociation rate constants (<i>k</i><sub>d</i>,<sub>app</sub>) can be represented as the weighted average of the apparent dissociation rate constants (<i>k</i><sub>d,Mg<sup>2+</sup></i>) in states A and B (<i>k</i><sub>d,Mg<sup>2+</sub></i><sup>A</sup> and <i>k</i><sub>d,Mg<sup>2+</sub></i><sup>B</sup>) (Eq. 1). To determine the <i>k</i><sub>d,Mg<sup>2+</sub></i><sup>A</sup> and <i>k</i><sub>d,Mg<sup>2+</sub></i><sup>B</sup> by extrapolation, we used the <i>k</i><sub>d,obs</sub> values of the wild type, the P292 mutant, and the T35A mutant of Rac1 and the populations of states A and B (<i>p</i><sub>A</sub> and <i>p</i><sub>B</sub>) obtained from the NMR experiments:

\[
K_{d,obs} = \frac{p_A k_{d,eff,Mg^2+,A} + p_B k_{d,eff,Mg^2+,B}}{k_{on,Mg^2+}} = p_A K_{d,Mg^2+,A} + p_B K_{d,Mg^2+,B} \tag{1}
\]

<br/><br/><br/>**NMR analyses**

All experiments were performed on Bruker Avance 500, 600, or 800 spectrometers equipped with cryogenic probes. All spectra were processed by the Bruker TopSpin 2.1 or 3.1 software, and the data were analyzed using Sparky (T. D. Goddard and D. G. Kneller, Sparky 3, University of California, San Francisco, CA). Backbone resonance assignments were obtained from a set of standard triple-resonance experiments, with reference to the previous report (25). Resonance assignments of the side-chain methyl signals were obtained by combining out-and-back type triple-resonance experiments (26), nuclear Overhauser effect (NOE) analyses based on the crystal structure (PDB ID: 1MH1) (7), and mutagenesis approaches. We constructed 16 mutants (M1V, V7I, V8I, L20I, I21V, I33V, V36I, V44I, M45V, L55I, A59V, L67I, L70I, V77I, and V182M) and compared the 1H and 13C dimensions, and their HSQC/HSQC line shapes were expected to be strongly affected by the differences in <i>p</i><sub>B</sub>. The optimization procedure was performed with the in-house-developed program written in the programming language Python 2.7 supplemented with the extension modules NumPy 1.7 and SciPy 0.11.0. The exchange parameters were extracted by minimizing the χ<sup>2</sup> function (Eq. 5), where <i>σ</i> represents the error in the experimental measurement (Eq. 3), and <i>Sc</i> denotes the scaling factor ensuring that the contributions from the first and second terms have roughly the same magnitude. Taking into account that <i>Sc</i> values were on the order of 10<sup>−3</sup> to 10<sup>−5</sup> and a total of 64 points were calculated in the HSQC and HMOC simulations, the <i>Sc</i> value was set to 5.2 × 10<sup>−8</sup> in all the calculations. We confirmed that the fitted results were not largely affected when we used the larger or smaller <i>Sc</i> values (3.1 × 10<sup>−8</sup> or 1.6 × 10<sup>−7</sup>) in the calculations.

\[
χ^2 = \sum \left( \frac{(R_{2,eff} - R_{2,exp})^2}{σ_{R_{2,eff}}} \right)^2 + Sc \sum \left( S_x(v)_{exp} - S_x(v)_{calc} \right)^2 \tag{5}
\]
We calculated the theoretical values for $R_{2,\text{eff}}$ using the Carver-Richard formula (Eq. 6) (28), where $\Delta \omega_C$ represents the SQ $^{13}C$ chemical shift difference, $\Delta \omega_{C0}$, in the $^{13}C$ SQ CPMG RD analyses, and the $3Q$ $^1H$ chemical shift difference, $3\Delta \omega_{C0}$, in the $^1H$ $3Q$ CPMG RD analyses.

$$R_{2,\text{eff}} = R_{2,0} + \frac{k_{\text{ex}}}{2} - \nu_{\text{CPMG}} \cosh^{-1} [D_+ \cosh(\eta_+) - D_- \cos(\eta_-)]$$

$$\eta_+ = \frac{1}{2 \sqrt{2} \nu_{\text{CPMG}}} \left[ \Delta \Psi + (\Psi^2 + \xi^2)^{1/2} \right]^{1/2}$$

$$D_+ = \frac{1}{2} \left[ \frac{1}{\nu_{\text{CPMG}}} + \left( \frac{\Psi^2 + \xi^2}{2} \right)^{1/2} \right]$$

$$\Psi = k_{\text{ex}}^2 - \Delta \omega_{C0}$$

$$\xi = -2 \Delta \omega_{C0} (1 - 2 p_B)$$  \hspace{1cm} (6)

We calculated the theoretical values for $S_b(t)$ by simulating the HMQC line shapes in the indirect dimension, which were generated by the Fourier transformation of the evolutions of the $M_{MQ}(t)$ and $M_{SQ}(t)$, calculated using the modified Bloch-McConnell equation (Eq. 7). In the Fourier transformations, the maximum $t_1$ values were set in a range from 130 to 400 ms, depending on the signals, and 64 points were calculated. We hypothesized that the intrinsic relaxation rates of the $M_{SQ}(t)$ and $M_{MQ}(t)$ were the same for simplicity, because the linewidths were largely determined by the exchange broadening effects, and the differences between the $M_{SQ}(t)$ and $M_{MQ}(t)$ intrinsic relaxation rates were expected to be very small ($<2$ Hz) in Rac1 (29).

$$M_{SQ}(t) = \exp(L_{SQ} t) M_{SQ}(0)$$

$$M_{MQ}(t) = 0.5 \left[ \exp\left(L_{DQ} t / 2\right) \exp\left(L_{ZQ} t / 2\right) + \exp\left(L_{ZQ} t / 2\right) \exp\left(L_{DQ} t / 2\right) \right] M_{SQ}(0)$$

$$M_{SQ}(0) = M_{MQ}(0) = \left[ \begin{array}{c} p_A \\ p_B \end{array} \right] = \left[ \begin{array}{c} k_{BA} \\ k_{AB} + k_{BA} \end{array} \right] \left[ \begin{array}{c} k_{BA} \\ k_{AB} \end{array} \right]$$

$$L_{SQ} = \left[ \begin{array}{c} -k_{BA} - R_{2,0} \\ -k_{AB} \\ i\Delta \omega_C - k_{BA} - R_{2,0} \end{array} \right]$$

$$L_{DQ} = \left[ \begin{array}{c} -k_{BA} - R_{2,0} \\ -k_{AB} \\ i(\Delta \omega_C + \Delta \omega_{H1}) - k_{BA} - R_{2,0} \end{array} \right]$$

$$L_{ZQ} = \left[ \begin{array}{c} -k_{BA} - R_{2,0} \\ -k_{AB} \\ i(\Delta \omega_C - \Delta \omega_{H1}) - k_{BA} - R_{2,0} \end{array} \right]$$  \hspace{1cm} (7)

Uncertainties of the parameters were estimated using a bootstrap procedure, where a group of 100 datasets was generated from randomly selected values from the dispersion curves and the HMQC/HSQC peak intensities while maintaining the same total size of the data points.
Rac1 calculated using the dipolar and chemical shift anisotropy cross-correlated relaxation rates. In total, 200 ensembles were calculated, and the structures were ranked according to the total energy.

**RDC measurements**

The $^1$H-$^{15}$N RDCs were obtained from the difference in the $^1$H-$^{15}$N $J$-coupling constants in aligned (pentaethylene glycol monododecyl ether/hexanol) and isotropic media. The $J$-coupling constants were measured from the differences between the TROSY and HSQC peak positions. The measurements were performed at 20°C. The alignment tensors and the calculated RDCs were obtained by singular value decomposition with the DC computation server developed by the Ad Bax group [National Institutes of Health (NIH)] (https://spin.niddk.nih.gov/bax/nmrserver/dc/svd.html) by using the structure of Rac1 modeled from the crystal structure of the Rac2-Rho GDI complex (PDB ID: 1DS6) (8).

**MD simulations**

The all-atom model of Rac1 was constructed with CHARMM-GUI (33) on the basis of the crystal structure of the Rac2-Rho GDI complex (PDB ID: 1DS6) (8). The Rac2 sequence was converted to that of Rac1, and the structure including the bound GDP and Mg$^{2+}$ was solvated in a periodic water box with a size of 74 Å × 74 Å × 74 Å using TIP3P water molecules. The system was then neutralized with about 150 mM KCl. MD simulations were performed using the NAMD 2.12 software (34) and the CHARMM36 parameter set (35). A cutoff distance of 12 Å was used for the van der Waals and short-range electrostatic interactions, and the long-range electrostatic interactions were computed with the particle-mesh Ewald method (36). Bonds containing hydrogen atoms were restrained with the SHAKE algorithm (37). Bonded and short-range electrostatic interactions were computed every 2 fs, and long-range electrostatic interactions were computed every 4 fs. The system was first energy minimized for 500 steps and then equilibrated under isothermal-isobaric (NPT) conditions for 5 ns, at 1 atm and 310 K. The production simulations were performed for 200 ns, at 1 atm and 310 K. In the aMD simulations, a boost potential was applied to all dihedral angles in the system, and another total boost potential was applied to all individual atoms. The input parameters ($E_{\text{dihed}}, \alpha_{\text{dihed}}, E_{\text{total}}$, and $\alpha_{\text{total}}$) were calculated using Eq. 8, where $V_{\text{dihed}}$ and $V_{\text{dihed,ave}}$ represent average dihedral and total potential energies calculated from the 5-ns conventional MD simulation, $N_{\text{res}}$ represents the number of residues, and $N_{\text{total}}$ represents the total number of atoms in the system (38). Sufficient acceleration was achieved with $a_1 = a_2 = 5$ and $b_1 = b_2 = 0.5$. The trajectories were analyzed using the VMD 1.9.3 software (39). The reweighted potential of mean force profiles was calculated by the exponential average algorithm using the PyReweighting Python script (40).

$$
\begin{align*}
E_{\text{dihed}} &= V_{\text{dihed,ave}} + a_1 \times N_{\text{res}} \\
\alpha_{\text{dihed}} &= a_2 \times N_{\text{res}}/5 \\
E_{\text{total}} &= V_{\text{total,ave}} + b_1 \times N_{\text{atoms}} \\
\alpha_{\text{total}} &= b_2 \times N_{\text{atoms}}
\end{align*}
$$

(8)

**SUPPLEMENTARY MATERIALS**

Supplementary material for this article is available at http://advances.sciencemag.org/cgi/content/full/5/3/eaav8945/DC1

Table S1. MANT-GDP dissociation rates of Rac1.

Fig. S1. $^1$H-$^{13}$C HMOC spectra of the wild-type Rac1 and the T35A mutant.

Fig. S2. $^1$H-$^{15}$N TROSY spectra of the wild-type Rac1 and the P295 mutant.

**REFERENCES AND NOTES**


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Data and materials availability: All data needed to evaluate the conclusions in the paper are present in the paper and/or the Supplementary Materials. Additional data related to this paper may be requested from the authors. An ensemble of the 20 lowest-energy structures of the Rac1 B state has been deposited in the PDB with the accession code 6AGP. The backbone and methyl resonance assignments for Rac1 have been deposited in the Biological Magnetic Resonance Bank with the accession number 27577.

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